

Wolverhampton & Bilston A.C presents

The March Hair Raiser

on The Bradshaw Estate, Kingswood nr. Albrighton
The race starts at Kingswood Business Park, Kingswood Bank on the A464
Shifnal to Wolverhampton Road.

Registration on the day at Kingswood Nursery School
Race Permit has been applied for

Sunday, March 28th at 11.00 a.m.

The course is approx. 5.6 miles and is on footpaths and trails around Bradshaw's Estate,

Prizes will be given to first three Men and to first three Women in overall race and also first in each age category

Male 40,50,60,70. Female 35,45,55,65

And first under 20 male and female

Tee shirts provided for all finishers of the race.

***Entry : £7.00 Affiliated, £9.00 Unattached. £10 all runners on the day.
RACE LIMIT OF 250 ONLY.***

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Name _____

Age on day of race (min age 15) _____ Sex M/F _____

Running club (if applicable) _____

Address _____

_____ Post code _____

Telephone Number _____ E-mail address _____

Please make cheques payable to Wolverhampton and Bilston A.C. and send entry form and appropriate fee with a large stamped addressed envelope to:

**The March Hair Raiser, 6 Chadwell Gardens, Codsall, Wolverhampton,
West Midlands WV8 1AF.**

(Race enquiries 01902 846917 or 01902 689279)

Closing date for postal entries March 23rd 2010.

Declaration: I participate in The March Hair Raiser Race entirely at my own risk and agree that the organisers will not be held responsible for any injury sustained by me or any loss or damage of property as a result of taking part.

Signed _____ Date _____