

	1 mile	PO	100M	PO	800 m	PO	200m	PO	400m	PO	3000M	PO	TOTAL
GROUP A.													
Steve Vaughan 150	00:05:21	2							1.06	2	10.34	1	5
Jack Hodgkinson 248	00:05:32	3			00:02:31	1	28-24	2					6
Tom Exton 39	00:05:50	7	12.82	1			26-83	1					9
Mark Bridgwood 199							28-81	3	1.08	4	11.05	2	9
Will Salmons 249	00:05:38	4	14.94	3					1.10	5			12
Joe Smith 214	00:05:40	5			00:02:38	2			1.11	6			13
Ian Hodhinson 152	00:05:40	6							1.07	3	12.12	5	14
Chris Ross 263	00:05:56	7					32-26	4			11.57	3	14
Alan Cook 237			15.32	4					1.12	7	11.59	4	15
Jack Salmons 255			13.62	2	00:02:49	3			dnf				5
Russell Barron 298	00:05:08	1							1.02	1	dnf		2
GROUP B.													
Adam Morris 234					00:02:41	1	30-44	1	1.10	1			3
Richard Caley 155	00:06:02	1					35-01	2			11.59	1	4
Jim Smith 209	00:06:07	3			00:02:44	2			1.13	4			9
Mark Oliver 151			14.72	1	00:02:59	6					13.20	2	9
George Hodgkinson 247	00:06:04	2			00:02:50	4			1.13	3			9
Darren Mattocks 245	00:06:09	5			00:02:47	3			1.10	2			10
Laura Sandy 166	00:06:20	6			00:02:55	5	36-06	3					14
Jack Sandy 171	00:06:08	4	19.32	2	DNF								6
GROUP C.													
Mark White 198					00:02:48	1			1.15	1	12.56	1	3
Craig Baxter 33					00:02:59	2	32-29	2			13.13	2	6
Dominic Mattocks 246			13.85	1	00:03:29	5	29-76	1					7
Amy Oliver 236			15.58	2	00:03:00	3	32-69	3					8
Gill Hodgkinson 154			17.32	4	00:03:21	4	36-32	4					12
Mille Stanyer 132			17.07	3	00:03:30	6	38-04	5					14
Group D													
Juli Crocombe 157	00:07:40	1							1.38	1	15.18	1	3
Jo Oliver 153			18.11	1	00:03:11	1	37-62	1					3
Anne Coghlon 262			18.84	2	00:03:12	2	39-91	2					6
Jill Ross 274			20.08	3	00:03:22	3	43-74	3					9
GROUP E.													
Simon Stanyer 140			17.32	1	00:03:32	1	36-52	1					3
Holly Wright 156			21.10	2	00:03:52	3	49-48	3					8
Val Stuart 158			23.11	3	00:04:00	4	50-47	4					11
Louise Morgan 550					00:03:40	2	45-21	2			dnf		4

Juniors team one													
Owen Futers 219			15.51	1	00:02:52	2			1.13	1			4
Ellie Baxter 32					00:02:44	1	32-51	1	1.25	4			6
Will Buckley 238	00:06:35	2			00:03:02	3			1.19	2			7
Beth Shelley 159			17.43	3	00:03:08	5							8
Ella Sandy 165			17.20	2	00:03:03	4			1.20	3			9
Ben Naudi 255	00:05:51	1									dnf		1
Junior team 2													
Jacob Shelley 164			14.43	1	00:03:01	1			1.21	1			3
Jake Oliver 235			15.53	2	00:03:09	3	36-03	1					6
Ali Morgan 300			16.62	5	00:03:08	2	37-08	2					9
Harry Dale 195			16.22	4	00:03:22	3	37-78	4					11
Kieran Mogeey 252			15.84	3	03:24.	5	38-08	5					13
Noah Lawrence-Wilson 253			17.83	7	00:03:26	6	37-38	3					16
Cieron Coghlan 251			17.52	6	00:04:09	7	42-02	6					19
Junior Team 3													
Isaac Sharkey 173			15.12	1			35-76	1	1.26	1			3
Gabby Hilsdon 233			16.47	2			37-72	2	1.30	2			6
Sophia Harrison 172			18.50	3			41-59	3	1.49	6			12
Matthew Hilsdon 232			20.10	7			44-33	4	1.35	3			14
Luke Lawrence- Wilson 254			18.87	4			44-71	5	1.45	5			14
Sammy Morgan 549			19.80	6			45-66	6	1.41	4			16
Ellie Wright 192			19.56	5			46-24	7	2.05	7			19
Junior team 4													
Imogen Sharkey 174			19-34	1			42-01	1	1.46	3			5
Aaron Dale 194			20-20	2			45-84	3	1.50	4			9
Kayleigh Wright 193			20-38	3			47-41	4	1.43	2			9
Sophia Bridgwood 200			21-98	6			42-62	2	1.40	1			9
Ella Buckley 239			21.04	4			49-44	6	2.01	5			15
Rose White 197			21-47	5			49-03	5	2.06	8			18
Joe Sandy 299			24-76	8			57-32	8	2.04	6			22
Tiffany Wright 186			25-67	9			54-59	7	2.05	7			23
Reece Bridgwood 207			24-34	7			63-15	9	2.15	9			25
Edie White 196			28-13	10			65-79	10	2.22	10			30