

New years day bare wrist 5 miler 2009.

Pos	No	Fname	Sname	Club	Pre time	Act Time	Diff	
53	346	Matt	Woodman	Stafford Harriers	28:10	0:29:10	01:00	##
70	302	James	Skelton	Stafford Harriers	31:10	0:29:26	01:44	##
17	175	Mark	Bridgwood	Stafford Harriers	29:42	0:29:57	00:15	##
46	176	Steve	Vaughan	Stafford Harriers	29:17	0:30:11	00:54	##
37	275	James	Oddy	Unattached	30:27	0:31:08	00:41	##
1	237	Ian	Wilson	Unattached	31:22	0:31:22	00:00	##
65	338	Ryan	Downes	Stafford Tri Club	34:00	0:32:26	01:34	##
42	262	Ian	Talbot	Stafford Harriers	32:06	0:32:54	00:48	##
5	298	Sam	Newton	Trentham R C	32:53	0:32:57	00:04	##
74	47	Paul	Lenaghan	Unattached	34:48	0:32:58	01:50	##
102	145	Liam	Marshman	Unattached	38:23	0:33:52	04:31	##
4	273	Alan	Griffin	Stafford Harriers	34:02	0:33:59	00:03	##
30	221	Kevin	Darby	Stafford Harriers	34:25	0:33:59	00:26	##
32	216	Paul	Bosson	Stafford Harriers	33:30	0:34:00	00:30	##
16	349	Ian	Hodkinson	Stafford Harriers	34:12	0:34:24	00:12	##
37	232	Lee	Jones	Trentham R C	35:10	0:34:29	00:41	##
59	289	Ryan	Nokes	Stafford Harriers	36:20	0:35:05	01:15	##
11	337	John	Corbett	Trentham R C	35:00	0:35:07	00:07	##
46	260	Stephen	Burrowes	Trentham R C	35:10	0:36:04	00:54	##
55	261	Frank	Lain	Unattached	38:02	0:36:50	01:12	##
49	299	Robert	Wilson	Unattached	38:00	0:37:04	00:56	##
49	330	Alan	Jeavans	Unattached	38:10	0:37:14	00:56	##
27	339	Richard	Ellis	Unattached	37:38	0:37:15	00:23	##
15	342	Tracey	Jones	Stafford Harriers	37:50	0:37:40	00:10	##
61	332	Alan	Cook	Stafford Harriers	39:15	0:37:47	01:28	##
77	53	Mark	Bentley	Stafford Harriers	36:00	0:37:55	01:55	##
89	296	Graham	Nott	Unattached	41:26	0:38:25	03:01	##
11	263	Hannah	Talbot	Stafford Harriers	38:40	0:38:33	00:07	##
34	348	Jack	Hodkinson	Stafford Harriers	38:02	0:38:33	00:31	##
6	345	Adrian	Reeves-Jones	Cheadle R C	38:35	0:38:40	00:05	##
18	228	Jen	Seager	Stafford Tri Club	39:07	0:38:48	00:19	##
18	229	Ben	Foster	Stafford Tri Club	39:07	0:38:48	00:19	##
64	283	Amy	Gamble	Unattached	40:40	0:39:08	01:32	##
62	281	Grahame	Cope	Uttoxeter R R	40:40	0:39:09	01:31	##
32	38	Chris	Elsley	Stafford Harriers	38:45	0:39:15	00:30	##
52	85	Chris	Skellern	Stafford Harriers	38:17	0:39:16	00:59	##
25	198	Clare	Holdcroft	Mow Cop runners	39:02	0:39:23	00:21	##
65	297	Russell	Williams	Cheadle R C	37:56	0:39:30	01:34	##
86	197	Darren	Hunt	Mow Cop runners	42:17	0:39:37	02:40	##
25	343	Eddie	Smith	Stafford Harriers	40:10	0:39:49	00:21	##
43	329	Tom	Johnson	Stone Master Marathoners	39:00	0:39:50	00:50	##
69	236	Rosemary	Wilson	Trentham R C	38:10	0:39:52	01:42	##
62	142	Simon	Walker	South Cheshire Harriers	38:27	0:39:58	01:31	##
6	215	Chris	Morris	Unattached	40:04	0:39:59	00:05	##
45	317	Alexia	Tapley	Newport & District R C	41:00	0:40:07	00:53	##
84	223	Christopher	Walsh	South Cheshire Harriers	42:39	0:40:07	02:32	##
68	300	Leon	Stringer	Stafford Harriers	42:42	0:41:02	01:40	##
10	51	Jim	Smith	Stafford Harriers	41:00	0:41:06	00:06	##
82	224	Mike	Cutler	South Cheshire Harriers	43:35	0:41:07	02:28	##
18	344	Sally	Kenny	Cheadle R C	41:00	0:41:19	00:19	##
6	255	Mark	Oliver	Stafford Harriers	41:30	0:41:25	00:05	##
95	149	Colin	Bourne	Michelin	45:00	0:41:30	03:30	##
30	234	Nick	Boulton	Stone Master Marathoners	42:07	0:41:41	00:26	##
80	350	Mark	Withington	Stafford Tri Club	44:00	0:41:53	02:07	##
79	278	Alison	Brind	Stone Master Marathoners	44:00	0:41:55	02:05	##
57	352	Duncan	Morrison	Unattached	43:10	0:41:57	01:13	##
70	294	Stephen	Weaver	Unattached	43:43	0:41:59	01:44	##
88	314	John	Metzger	Newport & District R C	45:30	0:42:39	02:51	##
70	231	Philip	Cooke	Stone Master Marathoners	41:00	0:42:44	01:44	##

