

Finisher List 5 mile

Race num	Name (first, last)	Gender	Age grp	Club	Gun time	Chip time	Start delay
Finishers: 313 DNS: 36							
327	Jamie Davies	M	Male U40	Telford AC	0:28:44.7	0:28:42.8	0:01
333	Ben Gamble	M	Male U40	Tipton Harriers	0:34:48.6	0:34:42.4	0:06
276	James Skelton	M	Male U40		0:34:49.2	0:34:43.5	0:05
238	James Jennings	M	Male U40	Stafford Tri	0:35:30.8	0:35:24.8	0:05
343	Matthew Connelly	M	Male U40	Stafford Tri	0:35:31.4	0:35:25.4	0:06
338	Matt Hall	M	Male U40	Shrewsbury AC	0:36:42.9	0:36:36.5	0:06
307	Ryan Ashforth	M	Male U40	Cannock & Stafford AC	0:37:02.2	0:37:00.4	0:01
119	Andy Gore	M	Male 45	Cheltenham Harriers	0:37:20.8	0:37:12.5	0:08
231	Tim Twentyman	M	Male 50	Newcastle (staffs) AC	0:37:37.7	0:37:31.5	0:06
98	Paul Hancock	M	Male 45	South Cheshire harriers	0:37:41.7	0:37:35.5	0:06
283	Jonathan Weavell	M	Male 40	Stafford Tri	0:37:44.5	0:37:38.5	0:05
169	Dan Hibberd	M	Male U40	Boalloy	0:37:47.8	0:37:41.0	0:06
28	Ben Bewley	M	Male U40	Newcastle (staffs) AC	0:37:49.5	0:37:42.0	0:07
12	Jason Corns	M	Male 45	Wolverhampton & Bilston AC	0:37:51.2	0:37:43.7	0:07
166	Bruce Johnson	M	Male U40	Newcastle (staffs) AC	0:37:54.9	0:37:47.8	0:07
159	Robert Cartwright	M	Male U40	Wolverhampton & Bilston AC	0:37:58.4	0:37:51.8	0:06
140	Glyn Pattinson	M	Male 45	Cheadle RC	0:37:59.0	0:37:51.2	0:07
30	Matt Williams	M	Male U40	Run and Ride	0:38:00.3	0:37:52.8	0:07
91	Timon Scheven	M	Male U40	Lichfield Running Club	0:38:01.2	0:37:53.3	0:07
225	Jon Wolfe	M	Male 40	Lichfield Running Club	0:38:09.4	0:38:01.4	0:07
201	Martyn Davies	M	Male U40	Newcastle (staffs) AC	0:38:17.8	0:38:10.2	0:07
233	Jacqui Slack	F	Female U35	newcastle triathlon	0:38:22.4	0:38:14.6	0:07
90	Peter Mallison	M	Male 45	South Cheshire Harriers	0:38:29.5	0:38:23.2	0:06
321	Daniel Smith	M	Male U40	Shrewsbury AC	0:38:32.1	0:38:24.6	0:07
317	Steve Waters	M	Male U40	Shrewsbury AC	0:38:32.7	0:38:25.4	0:07
352	Owen Barron	M	Male 50	Uttoxeter RC	0:38:38.0	0:38:27.2	0:10
156	John Hayman	M	Male U40	Lichfield Running Club	0:38:39.9	0:38:32.1	0:07
197	Bryn Holmes	M	Male 45	Trentham RC	0:38:41.0	0:38:34.3	0:06
155	Craig Taylor	M	Male U40	Trentham RC	0:38:41.7	0:38:34.5	0:07
284	Rob Lloyd	M	Male 45	Chase Harriers	0:38:47.0	0:38:37.0	0:10
63	Nicholas Parker	M	Male 50	Lichfield Running Club	0:38:52.6	0:38:42.6	0:10
75	Steven Naylor	M	Male U40	Michelin AC	0:39:04.7	0:38:58.7	0:06
336	Stuart Penn	M	Male U40		0:39:07.9	0:38:57.0	0:10
322	Robert Lisney	M	Male U40	Shrewsbury AC	0:39:16.1	0:39:05.5	0:10
152	Daniel Floyd	M	Male U40	Lichfield Running Club	0:39:23.7	0:39:16.4	0:07
324	Lynne Hill	F	Female 35	Tipton Harriers	0:39:24.2	0:39:16.5	0:07
62	Paul Jakeways	M	Male U40	West Bromwich Harriers	0:39:30.8	0:39:20.5	0:10
139	Oliver Stone	M	Male U40	Rugeley Runners	0:39:32.5	0:39:25.3	0:07
329	John Garmson	M	Male 50	Telford AC	0:39:38.1	0:39:32.5	0:05
59	Christopher Collis	M	Male 45	Birchfield Harriers	0:39:38.6	0:39:30.7	0:07
301	Robert Mottram-Jones	M	Male 55	Stafford Harriers	0:39:40.4	0:39:33.5	0:06
33	Alan Brookes	M	Male 55	South Cheshire Harriers	0:39:52.8	0:39:46.2	0:06
102	Lee Edgington	M	Male 40	Rising Brook Runners	0:39:54.3	0:39:44.6	0:09
131	Chris Wood	M	Male 50	Rugeley Runners	0:39:56.7	0:39:47.4	0:09
5	Leigh Ally	M	Male U40	Aldridge Running Club	0:39:59.0	0:39:40.7	0:18
180	Spencer Holland	M	Male 45	Stafford Harriers	0:40:03.5	0:39:55.0	0:08
44	Wendy Swift	F	Female 45	Trentham RC	0:40:04.4	0:39:57.7	0:06
253	Dave Martin	M	Male 40	Chase harriers	0:40:07.4	0:39:59.8	0:07
259	Ben Godwin	M	Male U40		0:40:14.0	0:39:55.5	0:18
213	Gareth Knapper	M	Male U40	Cheadle RC	0:40:14.9	0:40:06.8	0:08
234	Matt Whitehouse	M	Male 40	West Bromwich harriers	0:40:20.7	0:40:13.4	0:07

Staffs Knot 2016

Finisher List 5 mile

Race num	Name (first, last)	Gender	Age grp	Club	Gun time	Chip time	Start delay
138	Ian Heath	M	Male 45	Stafford Harriers	0:40:21.9	0:40:12.3	0:09
199	James Found	M	Male U40	Stafford Harriers	0:40:22.7	0:40:14.4	0:08
248	Georgia Stanfield	F	Female U35	Trentham RC	0:40:22.8	0:40:11.1	0:11
130	Lisa Smith	F	Female 35	Rugeley Runners	0:40:23.4	0:40:14.0	0:09
70	Matthew Bonney	M	Male U40	Stafford Harriers	0:40:26.6	0:40:14.9	0:11
348	David Clarke	M	Male U40		0:40:26.9	0:40:17.7	0:09
43	Paul Phillips	M	Male 40	Stone Master Marathoners	0:40:27.0	0:40:14.6	0:12
16	David Ford	M	Male U40	Newcastle (staffs) AC	0:40:29.3	0:40:20.8	0:08
84	Barry Smith	M	Male 45	Trentham RC	0:40:30.2	0:40:21.6	0:08
262	Gareth Copley-Jones	M	Male U40	Newcastle (staffs) AC	0:40:31.6	0:40:22.2	0:09
132	Darren Pyatt	M	Male 45	Stafford Harriers	0:40:33.0	0:40:20.1	0:12
179	James Lake	M		Cannock & Stafford AC	0:40:34.8	0:40:27.0	0:07
309	Stephen McCann	M	Male 45	Birchfield Harriers	0:40:36.0	0:40:27.3	0:08
281	Neil Cant	M	Male 40	Vegan Runners UK	0:40:39.9	0:40:24.4	0:15
58	James Kelly	M	Male U40	Cheadle RC	0:40:46.7	0:40:36.7	0:10
173	Chris Deakin	M	Male U40		0:40:47.7	0:40:34.3	0:13
141	Lee Simmons	M	Male U40	Penkridge Runners	0:40:48.5	0:40:35.1	0:13
289	Stefano Parlato	M	Male 40		0:40:51.1	0:40:37.3	0:13
240	Anthony Haycock	M	Male 55	Stafford Harriers	0:40:51.7	0:40:37.3	0:14
287	Kristina Defries	F	Female U35	Trentham RC	0:40:54.6	0:40:46.0	0:08
328	Angela Mensing	F	Female 45	Stone Master Marathoners	0:41:00.1	0:40:47.4	0:12
107	Paul Higginson	M	Male 40	Stafford Harriers	0:41:00.5	0:40:51.8	0:08
181	Jim Smith	M	Male 50	Stafford Harriers	0:41:04.8	0:40:54.7	0:10
118	Adam Tatton	M	Male U40	Telford AC	0:41:06.5	0:40:56.3	0:10
249	Rob Ibbs	M	Male 45	Newcastle (staffs) AC	0:41:08.5	0:40:57.2	0:11
280	Liam Duggan	M	Male U40	Stafford Harriers	0:41:12.3	0:40:58.8	0:13
94	Nick Gordon	M	Male U40	NSRRA	0:41:14.2	0:41:01.7	0:12
320	Craig Harris	M	Male U40	Stafford Harriers	0:41:17.0	0:41:06.2	0:10
188	Paul Clinton	M	Male 45	Trentham RC	0:41:21.5	0:41:12.3	0:09
194	Martin Brown	M	Male U40	South Cheshire Harriers	0:41:24.9	0:41:09.5	0:15
45	Neil Lloyd	M	Male 40	Birchfield Harriers	0:41:30.6	0:41:21.4	0:09
69	Will Sammons	M	Male U40	Stafford Harriers	0:41:34.1	0:41:20.1	0:13
310	Christian Hawkins	M	Male U40	Uttoxeter RC	0:41:34.5	0:41:25.3	0:09
244	Joanne Stanfield	F	Female 45	Trentham RC	0:41:34.9	0:41:24.8	0:10
134	Sarah Taylor	F	Female 45	Trentham RC	0:41:42.5	0:41:31.6	0:10
332	Matthew Stubbs	M	Male U40	NSRRA	0:41:43.6	0:41:30.7	0:12
286	John Wood	M	Male 55	Michelin AC	0:41:50.2	0:41:38.4	0:11
165	Chrissy Bishop	F	Female 35	Chase Harriers	0:41:53.7	0:41:43.2	0:10
256	Andrew Jackson	M	Male 40	NSRRA	0:41:55.5	0:41:54.5	0:01
41	Michelle Fox	F	Female 40	Stafford Harriers	0:41:58.3	0:41:46.4	0:11
232	Andrew Clinton	M	Male 45	Trentham RC	0:41:58.6	0:41:49.3	0:09
260	Del Betts	M	Male 45	Maj's Marauders	0:41:58.9	0:41:41.8	0:17
339	Paul Stevens	M	Male 40	West Bromwich Harriers	0:41:59.6	0:41:42.1	0:17
4	Harshad Patel	M	Male U40	Shabbarunners	0:42:02.5	0:41:51.9	0:10
288	Andrew Defries	M	Male U40	Trentham RC	0:42:04.6	0:41:52.7	0:11
323	Andy Kite	M	Male U40	Run and Ride	0:42:05.1	0:41:55.9	0:09
172	Kerry Dixon	F	Female U35	Trentham RC	0:42:06.6	0:41:57.7	0:08
196	Carey Dyer	F	Female 40	Newcastle (staffs) AC	0:42:06.9	0:41:54.0	0:12
304	James Hall	M	Male 40		0:42:08.1	0:41:54.7	0:13
224	Ady Woodhall	M	Male U40	Uttoxeter RC	0:42:10.5	0:41:55.0	0:15
113	John Alcock	M	Male U40	Newcastle (staffs) AC	0:42:11.7	0:41:59.4	0:12
184	Clare Dundas	F	Female 40	Michelin AC	0:42:13.0	0:42:03.1	0:09
193	Robert Edwards	M	Male 50	Wolverhampton & Bilston AC	0:42:15.1	0:42:05.9	0:09

Finisher List 5 mile

Race num	Name (first, last)	Gender	Age grp	Club	Gun time	Chip time	Start delay
127	Neil Stretton	M	Male 60	NSRRA	0:42:15.8	0:42:03.8	0:11
66	Graham Lee	M	Male 60	Rising Brook Runners	0:42:18.4	0:41:59.1	0:19
237	Kerry Hall	F			0:42:22.2	0:42:07.3	0:14
168	Rob Tabbanor	M	Male 55	Trentham RC	0:42:22.8	0:42:14.4	0:08
204	Gary Jones	M	Male 45	Michelin AC	0:42:23.5	0:42:16.6	0:06
182	Paul Mansell	M		West Bromwich Harriers	0:42:29.7	0:42:18.6	0:11
263	Jonathan Stanfield	M	Male U40	NSRRA	0:42:32.1	0:42:09.2	0:22
270	Mark Oliver	M	Male 45	Stafford Harriers	0:42:32.7	0:42:20.6	0:12
211	Russell Williams	M	Male 55	Cheadle RC	0:42:35.7	0:42:23.8	0:11
74	Ben Nash	M	Male U40	Stafford Harriers	0:42:37.2	0:42:25.0	0:12
87	Pete Rees	M	Male 45	Team Derby Runner	0:42:39.1	0:42:28.1	0:11
177	Mick Williams	M	Male 55	NSRRA	0:42:41.2	0:42:28.3	0:12
124	Stan Winterton	M	Male 65+	Trentham RC	0:42:41.7	0:42:28.6	0:13
308	Richard Felgate	M	Male 45	Stafford Tri	0:42:41.7	0:42:31.4	0:10
306	Kerry Widdowson	F	Female 40	Trentham RC	0:42:42.3	0:42:30.8	0:11
142	Paul Emes	M	Male 40	Lichfield Running Club	0:42:48.4	0:42:29.1	0:19
312	Pritesh Patel	M	Male U40	Wolverhampton & Bilston AC	0:42:52.4	0:42:25.9	0:26
326	Karen Kiteley	F	Female 45	Aldridge Running Club	0:42:58.2	0:42:39.8	0:18
255	Steve Williams	M	Male 40	Lichfield Running Club	0:43:11.7	0:42:54.1	0:17
243	Kevin Mottram	M	Male 40	Buxton AC	0:43:15.5	0:43:05.9	0:09
116	Mick Tobin	M	Male 55	South Cheshire Harriers	0:43:16.7	0:43:06.2	0:10
81	Tony White	M	Male 60	Trentham RC	0:43:17.8	0:43:06.7	0:11
129	Paula Kimberley	F		Penkridge Runners	0:43:18.8	0:42:49.7	0:29
335	Mak Singh	M	Male 60		0:43:24.6	0:43:08.7	0:15
222	Adam Spellacy	M	Male U40	West Bromwich Harriers	0:43:24.9	0:43:14.4	0:10
178	Chris Lake	M		Chase harriers	0:43:28.8	0:43:15.5	0:13
162	Stella Denniss	F		Stafford Harriers	0:43:31.7	0:43:15.5	0:16
149	Clive Heathcock	M	Male 55	South Cheshire Harriers	0:43:32.4	0:43:13.3	0:19
157	Alan Pritchard	M	Male 55	Lichfield Running Club	0:43:32.9	0:43:13.1	0:19
7	Lisa Fraser	F	Female 35	Stafford Harriers	0:43:35.5	0:43:08.7	0:26
150	Chris Skellern	F	Female 50	Stafford Harriers	0:43:43.3	0:43:31.2	0:12
207	Richard Marland	M	Male 65+	Rugeley Runners	0:43:44.9	0:43:33.8	0:11
189	Ian Wood	M	Male 50	Stafford Harriers	0:43:46.7	0:43:36.9	0:09
19	Alan Jones	M	Male 50	Stafford Harriers	0:43:47.0	0:43:31.7	0:15
191	Amanda Kimber	F	Female U35	South Cheshire Harriers	0:43:47.8	0:43:28.9	0:18
239	Samantha Jennings	F	Female U35		0:43:51.2	0:43:31.6	0:19
242	Emma Parlato	F	Female 35	Gnosall Ladies Running club	0:43:52.6	0:43:38.7	0:13
163	Nathan Walton	M	Male 45	Newcastle (staffs) AC	0:43:56.0	0:43:47.4	0:08
223	Jeremy Horton	M	Male 55	Rugeley Runners	0:43:56.1	0:43:44.5	0:11
25	Tim Herriott	M	Male 45	Rising Brook Runners	0:43:57.7	0:43:38.5	0:19
190	Jim Kelleher	M	Male 55	South Cheshire Harriers	0:43:58.5	0:43:39.4	0:19
261	Chris Turner	M	Male U40		0:44:00.6	0:43:45.6	0:15
293	Nick Boulton	M	Male 50	Stone Master Marathoners	0:44:03.6	0:43:39.5	0:24
209	Gillian Russon	F	Female 45	Cannock & Stafford AC	0:44:11.0	0:43:59.4	0:11
170	Oliver Clarke	M	Male U40	Newcastle (staffs) AC	0:44:22.2	0:44:13.0	0:09
144	Paul Poulton	M	Male 60	Chase Harriers	0:44:22.2	0:44:09.0	0:13
171	Mark Dixon	M	Male U40	Michelin AC	0:44:22.3	0:44:11.0	0:11
291	Adrian Reeves-Jones	M	Male 45	Cheadle RC	0:44:22.6	0:44:09.2	0:13
3	Michael Burt	M	Male 55	Chase Harriers	0:44:22.7	0:44:12.9	0:09
267	Paramjit Hans	M	Male 55	Birchfield Harriers	0:44:23.6	0:44:09.0	0:14
65	Phil Brown	M	Male U40	Stafford Harriers	0:44:25.8	0:44:12.4	0:13
64	Jenny Addison	F	Female U35	Stafford Harriers	0:44:25.8	0:44:13.0	0:12
125	Jonathan Pierce	M	Male 65+	Newport & District Running Club	0:44:35.3	0:44:21.8	0:13

Staffs Knot 2016

Finisher List 5 mile

Race num	Name (first, last)	Gender	Age grp	Club	Gun time	Chip time	Start delay
331	Stephanie White	F	Female 45		0:44:37.1	0:44:16.7	0:20
347	Melanie Bermingham	F	Female 55	Chase Harriers	0:44:38.1	0:44:10.0	0:28
167	Dave Mantle	M	Male 60	Stafford Harriers	0:44:41.2	0:44:09.3	0:31
247	Tom Davenport	M	Male U40		0:44:43.7	0:44:30.0	0:13
185	James Bayley	M	Male U40	Newcastle (staffs) AC	0:44:50.5	0:44:32.0	0:18
115	Rachel Jones	F	Female 35	South Cheshire Harriers	0:44:52.2	0:44:21.3	0:30
218	Gillian Tinsley	F	Female 45	Trentham RC	0:44:53.7	0:44:41.3	0:12
314	Sarah Macleman	F	Female 40		0:44:55.5	0:44:38.0	0:17
101	Mary Ross	F	Female 55	Birchfield Harriers	0:44:58.3	0:44:43.6	0:14
277	Richard Davies	M	Male 45	Stafford Harriers	0:45:08.3	0:44:52.9	0:15
71	James Cowdell	M	Male 45		0:45:08.6	0:44:49.0	0:19
22	Darryl Copeland	M	Male U40		0:45:10.3	0:44:59.1	0:11
216	Nigel Lee	M	Male 60	Newcastle (staffs) AC	0:45:10.8	0:44:52.8	0:17
60	Anne Kelsall	F	Female 55	Aldridge Running Club	0:45:16.2	0:44:48.4	0:27
15	Anne-Marie Mountford	F	Female 40	Stone Master Marathoners	0:45:18.3	0:44:53.2	0:25
210	Liz Clutton	F	Female 60+	Cheadle RC	0:45:21.1	0:45:04.9	0:16
105	Daniel Floyd	M	Male 40	West Bromwich Harriers	0:45:23.4	0:45:05.6	0:17
79	John Quinn	M	Male 65+	Aldridge Running Club	0:45:25.7	0:45:07.9	0:17
217	Sally Ball	F	Female U35	Stafford Tri	0:45:31.1	0:45:16.0	0:15
282	Craig Carpenter	M	Male U40	Cheadle RC	0:45:33.6	0:45:17.0	0:16
24	Paul Mcadams	M	Male U40		0:45:34.9	0:45:16.7	0:18
18	Paul Morris	M	Male U40	Stafford Harriers	0:45:36.2	0:45:19.5	0:16
148	Alan Britton	M	Male 65+	Birchfield Harriers	0:45:42.1	0:45:27.9	0:14
303	Phil Thomas	M	Male 40	Trentham RC	0:45:42.2	0:45:30.7	0:11
112	Pam Davies	F	Female 60+	Stone Master Marathoners	0:45:47.1	0:45:31.3	0:15
183	Lycy Farmer	F	Female 35		0:45:48.2	0:45:26.0	0:22
257	Geoff Channon	M	Male 60	Staffordshire Moorlands AC	0:45:49.2	0:45:31.2	0:17
214	Bonnie Seabridge	F	Female 35	Stone Master Marathoners	0:45:49.8	0:45:27.7	0:22
353	Georgia Barron	F	Female U35		0:45:50.0	0:45:25.4	0:24
318	John Stone	M	Male 65+	Uttoxeter RR	0:45:50.7	0:45:22.4	0:28
121	Oliver Stokes	M	Male U40	Newport & District Running Club	0:45:52.1	0:45:35.3	0:16
315	Scott Palmer	M	Male 45		0:45:53.6	0:45:22.0	0:31
35	John Scott	M	Male 45		0:45:57.6	0:45:48.3	0:09
34	Sally Haycock	F	Female 40		0:45:57.6	0:45:37.5	0:20
192	Russell Reid	M	Male 55	Uttoxeter RC	0:46:01.3	0:45:38.9	0:22
330	Mike Taylor	M	Male 45	Badgers	0:46:02.4	0:45:41.9	0:20
198	Colin Pheasant	M	Male 60	Chase Harriers	0:46:03.6	0:45:53.5	0:10
95	Emma Dutton	F	Female 35	Stone Master Marathoners	0:46:03.8	0:45:41.4	0:22
47	Laura Hall	F	Female U35	Cheadle RC	0:46:05.2	0:45:49.1	0:16
99	Russell Horsley	M	Male 50		0:46:07.2	0:45:45.8	0:21
21	Caroline Jackson	F	Female 50		0:46:08.5	0:45:53.3	0:15
29	Melonie Deakin	F	Female 45	Stafford Harriers	0:46:09.9	0:45:55.0	0:14
236	Jan Gladczak	M	Male 50		0:46:10.5	0:45:56.0	0:14
147	Amanda Wood	F	Female 50	Newcastle (staffs) AC	0:46:11.2	0:45:55.6	0:15
290	Sally Kenny	F	Female 40	Cheadle RC	0:46:14.9	0:45:59.0	0:15
153	Kat Saunders	F	Female U35	Newcastle (staffs) AC	0:46:16.3	0:46:00.1	0:16
258	Paul Watson	M	Male 50	Tipton Harriers	0:46:16.3	0:45:51.0	0:25
103	David Taylor	M	Male 45	Rugeley Runners	0:46:17.5	0:46:06.6	0:10
126	Roy Clay	M	Male 60	Stafford Harriers	0:46:17.7	0:46:03.8	0:13
311	Darren Ball	M	Male U40		0:46:21.1	0:45:54.8	0:26
120	David Baker	M	Male 60	Staffordshire Moorlands AC	0:46:24.6	0:45:57.3	0:27
93	Linda Fernyhough	F	Female 50	NSRRA	0:46:25.0	0:46:05.3	0:19
250	Rebecca Ibbs	F	Female 40	Newcastle (staffs) AC	0:46:26.1	0:46:09.5	0:16

Finisher List 5 mile

Race num	Name (first, last)	Gender	Age grp	Club	Gun time	Chip time	Start delay
227	Nicholas Evans	M	Male U40		0:46:26.5	0:45:56.1	0:30
117	Nigel Tatton	M	Male 50	Telford AC	0:46:28.7	0:46:13.8	0:14
205	Tracy Ridings	F	Female 45	Stafford Harriers	0:46:32.0	0:46:05.4	0:26
88	Sara Ellen	F	Female U35	Birchfield Harriers	0:46:34.5	0:46:20.0	0:14
200	Lizzie Walker	F	Female U35	Stafford Harriers	0:46:35.7	0:46:07.8	0:27
111	Mac Mccoig	M	Male 65+	Stone Master Marathoners	0:46:37.2	0:46:12.1	0:25
53	Nick Ford	M	Male 45	Aldridge Running Club	0:46:43.6	0:46:25.1	0:18
164	Julie Onions	F	Female 55	Penkridge Runners	0:46:49.0	0:46:19.8	0:29
266	Brian Powell	M	Male 65+	NSRRA	0:46:49.0	0:46:24.9	0:24
83	Barbara Johnson	F	Female 45	Aldridge Running Club	0:46:52.2	0:46:34.0	0:18
146	Elaine Adkins	F	Female 40		0:46:58.8	0:46:41.6	0:17
38	Carol Astbury	F	Female 50	Uttoxeter RC	0:47:01.6	0:46:33.2	0:28
20	Jo Turrell	F	Female 50		0:47:02.1	0:46:46.9	0:15
334	Amy Cowles	F	Female U35	Chase Harriers	0:47:04.8	0:46:36.2	0:28
264	Samantha Hodgkinson	F	Female U35	Stone Master Marathoners	0:47:04.9	0:46:49.0	0:15
175	Richard Cook	M	Male 45		0:47:06.2	0:46:42.5	0:23
226	Lisa Parry	F	Female 35	Lichfield Running Club	0:47:10.1	0:46:50.0	0:20
325	Zoe Marklew	F	Female U35		0:47:15.9	0:46:59.1	0:16
350	Anne Wells	F	Female 55	Badgers	0:47:16.0	0:46:55.1	0:20
57	Helen Hirst	F	Female 60+	Aldridge Running Club	0:47:18.3	0:46:51.5	0:26
319	Jennifer Beckett	F	Female 35	Stafford Harriers	0:47:24.3	0:46:58.4	0:25
294	Julie Boulton	F	Female 50	Stone Master Marathoners	0:47:28.3	0:47:05.0	0:23
341	Jason Vigrass	M	Male 45	Aldridge Running Club	0:47:40.7	0:47:23.1	0:17
186	Stephen Pepper	M	Male 45	Stoke Fit	0:47:43.5	0:47:26.8	0:16
279	Tina Darby	F	Female 45	Stafford Harriers	0:47:45.4	0:47:28.8	0:16
230	Jan Green	F	Female 55	Chase harriers	0:47:46.8	0:47:18.0	0:28
203	John Holmes	M	Male 60	NSRRA	0:47:47.8	0:47:25.9	0:21
215	Melissa Emery	F	Female U35	Aldridge Running Club	0:47:51.4	0:47:28.0	0:23
109	Cheryl Percival	F	Female U35	South Cheshire Harriers	0:47:55.2	0:47:24.8	0:30
235	Elwira Gladczak	F	Female U35		0:48:00.0	0:47:45.7	0:14
96	Sue Davies	F	Female 45	Aldridge Running Club	0:48:00.3	0:47:33.9	0:26
61	Ian Walkeden	M	Male U40		0:48:02.4	0:47:40.1	0:22
285	Jennifer Jones	F	Female 35	Stone Master Marathoners	0:48:11.3	0:47:48.4	0:22
160	Colin Donnelly	M	Male 40	Chase Harriers	0:48:15.4	0:47:46.8	0:28
187	Sharon Fern	F	Female 40	Aldridge Running Club	0:48:17.4	0:47:53.9	0:23
8	Kevin Mccourt	M	Male 50	Michelin AC	0:48:24.7	0:48:10.3	0:14
145	Chris Downing	M	Male 45	Chasewater Runners	0:48:26.7	0:48:14.1	0:12
344	Phillip Stewardson	M	Male U40	Sneyd Striders	0:48:27.9	0:47:57.0	0:30
345	Yvette Dukanovic	F	Female U35	Sneyd Striders	0:48:28.1	0:47:56.9	0:31
68	Kirsty Johnston	F	Female 35		0:48:34.6	0:48:02.6	0:32
272	Elizabeth Bennett	F	Female 45	Gnosall Ladies Running Club	0:48:34.6	0:48:20.2	0:14
271	Louise Wisdom	F	Female 45		0:48:35.6	0:48:15.5	0:20
176	Sally Aldridge	F	Female 60+	Michelin AC	0:48:38.8	0:48:17.5	0:21
161	Tim Clegg	M	Male 50	Stone Master Marathoners	0:48:43.0	0:48:18.0	0:25
229	Martha Hunt	F	Female U35		0:48:49.5	0:48:18.4	0:31
245	Paul Turner	M	Male 45	Rising Brook Runners	0:48:50.5	0:48:19.5	0:30
241	Lesley Pymm	F	Female 60+	Bournville Harriers	0:48:51.8	0:48:36.4	0:15
78	Jane Quinn	F	Female 60+	Aldridge Running Club	0:48:59.5	0:48:32.3	0:27
252	Steve Heath	M	Male 45		0:49:01.3	0:48:36.5	0:24
104	Julie Nokes	F	Female 55	Stafford Harriers	0:49:02.0	0:48:34.0	0:28
133	David Hebb	M	Male 55		0:49:03.7	0:48:41.9	0:21
313	Jennifer Goodwin	F	Female U35	Uttoxeter RC	0:49:06.0	0:48:37.6	0:28
346	Frederick Chidlow	M	Male 65+	Stafford Harriers	0:49:06.2	0:48:38.4	0:27

Finisher List 5 mile

Race num	Name (first, last)	Gender	Age grp	Club	Gun time	Chip time	Start delay
212	Karen Sokolenko	F	Female 55		0:49:06.3	0:48:37.7	0:28
302	Alexander Davidson-Elliott	M	Male 65+	Birchfield Harriers	0:49:13.5	0:48:58.7	0:14
26	Wendy Herriott	F	Female 40	Rising Brook Runners	0:49:18.2	0:48:48.6	0:29
72	Julie Tooth	F	Female 45		0:49:20.4	0:48:48.6	0:31
73	Stuart Carter-Brown	M	Male 60		0:49:20.5	0:48:48.5	0:32
31	Nicola Dangerfield	F	Female U35		0:49:27.8	0:48:48.6	0:39
27	Rebecca Fisher	F	Female 35		0:49:27.8	0:49:00.7	0:27
316	Jill Brown	F	Female U35		0:49:36.6	0:49:23.5	0:13
136	Stuart Gregory	M	Male U40	Desford Striders	0:49:46.9	0:49:13.6	0:33
292	David Turton	M	Male 45	Stone Master Marathoners	0:49:50.5	0:49:24.7	0:25
128	Lucy Norris	F	Female U35		0:50:01.1	0:49:32.9	0:28
55	Amy Wilshaw	F	Female U35		0:50:01.3	0:49:33.1	0:28
354	Ayaaz Tarajia	M	Male U40	Aldridge Running Club	0:50:19.2	0:49:54.2	0:24
268	Sue Down	F	Female 60+	Rising Brook Runners	0:50:21.1	0:49:50.5	0:30
265	Ellen Evans	F	Female U35	Stone Master Marathoners	0:50:25.1	0:50:01.4	0:23
202	Alfred Slater	M	Male 65+	NSRRA	0:50:30.5	0:50:09.1	0:21
6	John Hateley	M	Male 65+	Stafford Harriers	0:50:41.8	0:50:11.7	0:30
110	Janice Haywood	F	Female 40	Penkridge Runners	0:50:42.5	0:50:13.3	0:29
14	Tracy Boswell	F	Female 45	Wolverhampton & Bilston AC	0:51:06.5	0:50:39.4	0:27
1	Sara Rees	F	Female 40	Chase Harriers	0:51:08.6	0:50:47.3	0:21
143	Jessie-Leigh O'Sullivan	F	Female U35	Chasewater Runners	0:51:10.7	0:50:37.2	0:33
122	John Stokes	M	Male 60	Newport & District Running Club	0:51:18.1	0:51:01.2	0:16
274	Tammy Partridge Smith	F	Female 40		0:51:21.3	0:50:51.3	0:30
174	Martin Stirna	M	Male 60	South Cheshire Harriers	0:51:24.3	0:50:53.9	0:30
273	Tracey Quirk	F	Female 40		0:51:28.5	0:50:58.0	0:30
67	Fay Lee	F	Female 60+	Rising Brook Runners	0:51:48.1	0:51:17.1	0:30
337	Jo Durkin	F	Female 55	Uttoxeter RC	0:51:55.7	0:51:26.8	0:28
340	Rachel Wilson	F	Female 40	West Bromwich Harriers	0:52:01.3	0:51:30.8	0:30
278	Gary Jenkins	M	Male 45		0:52:02.2	0:51:35.0	0:27
17	David Jackson	M	Male 55		0:52:09.1	0:51:42.6	0:26
50	Leigh Banner	F	Female U35		0:52:11.3	0:51:43.9	0:27
51	Jeni Shaw	F	Female U35		0:52:11.5	0:51:44.0	0:27
39	Helen Taylor	F	Female U35		0:52:25.4	0:51:55.7	0:29
219	Lorraine Flory	F	Female 45	Stafford Harriers	0:52:27.7	0:52:01.5	0:26
269	Ken Down	M	Male 60	Rising Brook Runners	0:53:59.0	0:53:27.7	0:31
349	Pete Wells	M	Male 55	Badgers	0:54:03.5	0:53:42.5	0:21
92	Barinderjit Cheema	M	Male 40	Aldridge Running Club	0:54:06.2	0:53:42.1	0:24
208	Stanley Bourne	M	Male 65+	Midland Masters AC	0:54:12.2	0:53:52.7	0:19
228	Jo Cotton	F	Female 40	Michelin AC	0:54:38.5	0:54:15.9	0:22
9	Bridget Mccourt	F	Female 45	Michelin AC	0:54:38.9	0:54:16.5	0:22
342	Matthew Sawers	M	Male 55		0:54:46.2	0:54:15.6	0:30
251	Frances Mccallum	F	Female 35		0:55:07.1	0:54:41.0	0:26
254	Holly Nix	F	Female 40		0:55:07.2	0:54:40.8	0:26
275	Sarah Tucker	F	Female 35	Shabbarunners	0:55:47.9	0:55:23.6	0:24
36	Liam Bradley	M	Male 65+	Aldridge Running Club	0:56:11.4	0:55:50.5	0:20
114	Allan Hodson	M	Male 55	Aldridge Running Club	0:56:14.0	0:55:52.9	0:21
137	Tony Tompkins	M	Male 45		0:56:37.0	0:56:11.3	0:25
2	Hazel Barlow	F	Female 55	Michelin AC	0:56:54.0	0:56:31.2	0:22
56	Carol Watson	F	Female 60+	Aldridge Running Club	0:59:09.6	0:58:42.6	0:27
123	Anne Davies	F	Female 60+	Stoke Fit	1:04:03.6	1:03:42.0	0:21

Number of records: 313