

STAFFS KNOT 5 MILER 2012

3	24.12	1	Thomas	Humphries	M	Sen	1	Cannock and stafford	
368	26.01	2	Matthew	Bond	m	Sen	2	Sale	
27	27.31	3	Carl	Moulton	M	Sen	3	Boalloy	156
330	27.36	4	Michael	Willesmith	m	Sen	4	Guernsey island AAC	
176	27.43	5	Julian	Goodwin	M	M40	1	Boalloy RC	263
193	28.35	6	Matthew	Smith	M	Sen	5	South Cheshire Harriers	18
182	29.03	7	Nathan	Sabin	M	U21	1	Stafford harriers	
321	29.22	8	Tom	Sandy	m	Sen	6	Stafford harriers	
379	29.27	9	Michael	Morley	m	M45	1	Birchfield harriers	
229	29.41	10	Richard	Osullivan	M	Sen	7	Lichfield running club	
270	29.42	11	Adam	Brearley	M	Sen	8	Trentham RC	223
108	29.45	12	Andrew	Mayers	M	M40	2	South Cheshire Harriers	313
230	29.51	13	Simon	McNamee	M	Sen	9	Birchfield harriers	
180	29.59	14	Steven	Vaughan	M	Sen	10	Stafford harriers	
157	30.13	15	Ian	Mansell	M	Sen	11	Centurion running club	
214	30.16	16	Ian	Talbot	M	M40	3	Stafford harriers	126
341	30.32	17	Paul	Rochfort	m	Sen	12		
303	30.37	18	James	Simpson	m	M40	4	South Cheshire Harriers	109
297	30.48	19	John	Doyle	M	Sen	13	Lichfield running club	
234	30.51	20	Phillip	Hilson	M	Sen	14		
122	30.53	21	Philip	Mainwaring	M	Sen	15	Trentham RC	269
195	30.54	22	Windel	Simpson	M	M45	2	Birchfield harriers	
83	30.56	23	Mandy	Vernon	f	F40	1	Trentham RC	246
280	31.03	24	Robert	Hall	M	Sen	16	Uttoxeter RR	
364	31.04	25	David	Tatton	m	Sen	17	Telford AC	
140	31.05	26	Mark	Bridgewood	M	Sen	18	Stafford harriers	288
391	31.08	27	Amin	Naeini	m	Sen	19		
95	31.18	28	Pat	Hudson	M	Sen	20	South Cheshire Harriers	102
213	31.20	29	Andy	Lane	M	M45	3		
301	31.22	30	Robert	Mottram Jon	m	M50	1	Vegetarian cycling and athl	
299	31.41	31	Liam	Sparrock	M	U21	2		
11	31.42	32	Paul	Shaw	M	Sen	21		
357	31.51	33	mark	Flint	m	M45	4	Newcastle runners	28
152	31.53	34	Paul	Bosson	M	M50	2	Stafford harriers	
60	31.58	35	Ryan	Nokes	M	Sen	22		
63	32.00	36	Ruth	Watchorn-ric	f	F45	1	Staffs moorlands	280

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80	32.11	37	Robert	Edwards	M	M45	5	wolverhampton and bilston	
209	32.12	38	Darren	Morelon	M	Sen	23	Run dowty marathon club	
114	32.12	39	Sian	Slade	f	Sen	1	Birchfield harriers	
355	32.15	40	Paul	Davey	m	Sen	24	BRAT club	
56	32.21	41	Paul	Clinton	M	M45	6	Trentham RC	141
133	32.24	42	Mark	Sigley	M	M40	5	NSRRA	323
170	32.28	43	Wayne	Bourne	M	M40	6	Birchfield harriers	
381	32.32	44	Richard	Soltysik	m	M45	7	Chase harriers	
257	32.36	45	Carl	Astley	M	M40	7	Cheadle running club	
72	32.37	46	Paul	Burslem	M	M45	8	Trentham RC	255
358	32.49	47	Ian	Wood	m	M45	9	oak Park R C	356
4	32.51	48	Sally	Gray	f	F35	1	Stafford harriers	
317	33.04	49	Stuart	Davies	m	U21	3	Cannock and stafford	
116	33.05	50	Matthew	Harris	M	Sen	25		
156	33.08	51	Rebecca	Harrison	f	Sen	2	Cheadle running club	296
210	33.11	52	Darron	Farley	M	Sen	26	Run dowty marathon club	
118	33.22	53	Ian	Hassall	M	M55	1	Cheadle running club	61
172	33.23	54	Paul	Douglas	M	M60	1	Stafford harriers	462
376	33.28	55	Paul	Mellor	m	M40	8		
284	33.32	56	Ken	Fotherby	M	M55	2		
354	33.48	57	Rob	Lloyd	m	M40	9	Chase harriers	
175	33.52	58	John	Hurley	M	M55	3	matlock AC	
98	33.56	59	Gary	Payne	M	Sen	27	Trentham RC	2
184	34.06	60	Russell	Williams	M	M50	3	Cheadle running club	201
87	34.07	61	Paul	Jakeways	M	Sen	28	West Bromwich Harriers	
103	34.10	62	Stephanie	clayton	f	Sen	3	Stafford harriers	
130	34.13	63	Rob	Cummings	M	M45	10	South Cheshire Harriers	8
111	34.14	64	Mick	Beardmore	M	M60	2	Cheadle running club	130
62	34.16	65	Colin	Jackson	M	M65	1	Aldridge running club	
205	34.18	66	Matthew	Vale	M	M45	11	Lichfield running club	
52	34.18	67	John	Guest	M	M50	4	Trentham RC	150
300	34.18	68	Neil	Martin	m	M45	12	Stafford harriers	
190	34.19	69	Richard	Caley	M	Sen	29	Stafford harriers	
189	34.20	70	Alan	Cook	M	M45	13	Stafford harriers	
165	34.36	71	Nigel	Payne	M	M50	5	Michelin	143

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393	34.44	72	Mark	Woollam	m	Sen	30		
89	34.45	73	Steven	Locker	M	M55	4	Trentham RC	23
372	34.52	74	Matthew	Harper	m	Sen	31	Newcastle Staff AC	
113	34.53	75	Neil	Stretton	M	M55	5	oak Park R C	113
18	34.55	76	Wendy	Swift	f	F40	2	Newcastle Staff AC	
91	34.59	77	James	Lake	M	U21	4	Cannock and stafford	
153	35.08	78	Valarie	Carter	f	F45	2	Birchfield harriers	
143	35.09	79	Lesley	Tams	M	M50	6	Stafford Triathlon club	
135	35.15	80	Steve	Ingleby	M	M50	7		
224	35.17	81	Paul	Burke	M	Sen	32	Aldridge running club	
10	35.23	82	Kenneth	Bloor	M	M50	8	Trentham	652
239	35.29	84	Keith	Harrison	M	M50	9	Sneyd striders	
151	35.32	85	Chris	Skellern	f	F50	1	Stafford harriers	549
384	35.34	86	David	Wain	m	Sen	33		
12	35.28	83	Andrew	Cook	M	M45	14		
383	35.41	87	Matthew	Walklate	m	Sen	34		
22	35.41	88	Michael	Saint-Dunn	M	Sen	35	Stafford harriers	88
136	35.42	89	Jonathan	Howell	M	M60	3	Stone master marathoners	252
335	35.42	90	Tom	Exton	m	U21	5	Stafford harriers	
25	35.43	91	Mark	Smith	M	Sen	36	Cheadle running club	195
377	35.51	92	Christine	Kilkenny	f	F55	1	Cannock and stafford	163
259	35.52	93	Sarah	Taylor	f	F40	3	Michelin AC	
267	35.53	94	Si	Emerson	M	Sen	37		
314	35.54	95	Kevin	Uzzell	m	M65	2	Stone master marathoners	354
185	35.59	96	Dominic	Ashton	M	M40	10	West Bromwich Harriers	
16	36.00	97	Colin	Smith	M	M40	11		
168	36.06	98	Mark	Shaw	M	Sen	38	Aldridge running club	
369	36.08	99	Sarah	Williams	f	F40	4		
117	36.09	100	Mark	Homer	M	M50	10	Dudley kingswinford	
154	36.10	101	John	Wood	M	M55	6	Michelin	95
222	36.11	102	Gary	Whiteside	M	M50	11		
385	36.14	103	Dave	Cook	m	Sen	39	Stafford harriers	
144	36.15	104	richard	Draper	M	Sen	40	Stafford harriers	
243	36.19	105	Mark	Orme	M	Sen	41	Chase harriers	
82	36.26	106	Jennifer	Day	f	F35	2	SMAC	228
19	36.27	107	Lee	Jones	M	M40	12	Trentham	62

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247	36.33	108	Mac	Singh	M	M55	7	unattached	
263	36.34	109	Stephen	Whincup	M	M50	12	South Cheshire Harriers	
105	36.38	110	Frank	Lain	M	M60	4		
319	36.42	111	Rebecca	Bray	F	U21	6	Cannock and stafford	
347	36.45	112	Laura	Sandy	F	Sen	4	Stafford harriers	
15	36.48	113	Daniel	Bowman	m	Sen	42	Trentham RC	
5	36.52	114	Phil	Thomas	M	Sen	43	Trentham	19
331	36.54	115	Kate	Johnson	F	Sen	5	Guernsey island AAC	
125	36.58	116	Gary	Jones	M	M45	15	Michelin	553
51	36.58	117	Sarah	Wilson	f	Sen	6	Whitchurch whippets	64
167	37.02	118	Melvyn	Cole	M	M60	5	South Cheshire Harriers	35
30	37.05	119	Andrew	Noble	M	M40	13	Chase harriers	
41	37.07	120	Alex	Wilson	M	Sen	44	NSRRA	366
33	37.13	121	Beverley	Noble	f	F45	3	Chase harriers	194
85	37.14	122	Ken	Pearson	M	M55	8	Trentham RC	340
31	37.16	123	Jim	Smith	M	M45	16	Stafford harriers	
199	37.19	124	Stephen	Brookes	M	M45	17	Stone master marathoners	375
74	37.27	125	Mike	Whitmoew	M	M65	3	Newcastle Staff AC	164
14	37.29	126	Mark	Bentley	M	M50	13	Stafford harriers	449
196	37.29	127	Timothy	Carter	M	Sen	45	Wrekin R R	
231	37.29	128	Alexander	Evans	M	U21	7		
334	37.31	129	Mark	Robinson	m	U21	8		
138	37.32	130	Sally	Kenny	f	F35	3	Cheadle running club	243
163	37.43	131	Gareth	Hardwick	M	Sen	46	Stone master marathoners	
356	37.45	132	Tricia	Bunn	F	F35	4	Peel	
359	37.48	133	Jason	Blount	m	Sen	47	Newcastle Staff AC	149
42	37.55	134	Gillian	Russon	f	F40	5	Cannock and stafford	151
121	37.58	135	Brian	Mackey	M	M65	4	Uttoxeter RR	461
286	38.02	136	Karl	McAuley	M	Sen	48		
150	38.09	137	Claire	Calladine	f	F35	5	Hatton Darts	
309	38.10	138	Jonathan	Morgan	m	M55	9	Whitchurch whippets	
96	38.21	139	Steve	Alder	M	Sen	49	Stone master marathoners	117
322	38.23	140	andrew	Moseley	m	M45	18	West Bromwich Harriers	
124	38.29	141	Robert	Findler	M	M50	14	NSRRA	226
207	38.43	142	Joanne	Picken	f	F40	6	POTTERS TROTTERS	196
318	38.52	143	john	Bray	m	M45	19	Cannock and stafford	

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139	38.52	144	Adrian	reeves-Jones	M	M45	20	Cheadle running club	51
145	38.52	145	Rosemary	Wilson	f	F50	2	Trentham RC	394
173	38.53	146	Christopher	Pearce	M	Sen	50	Stafford harriers	
290	38.54	147	Alan	Britton	M	M60	6	Birchfield harriers	
137	38.56	148	Alan	Jeavans	M	M65	5		
320	38.56	149	Jonathon	Rooke	m	Sen	51		
363	39.00	150	Nigel	Tatton	m	M45	21	Telford AC	
90	39.04	151	Chris	Lake	M	M40	14	Chase harriers	
253	39.05	152	Anthony	Carpenter	M	M50	15		
388	39.09	153	Jonathon	Bowman	m	M55	10	Trentham RC	
9	39.15	154	Ian	Allen	M	M45	22	NSRA	131
44	39.24	155	Greg	Julian	M	M50	16	Trentham RC	120
291	39.30	156	Helen	Phillips	f	F45	4	Aldridge running club	
250	39.31	157	Wendy	Scott	f	F50	3	Wrekin R R	
371	39.33	158	Paul	Averis	m	Sen	52		
43	39.34	159	Dot	Fellows	f	F60	1	Cannock and stafford	179
126	39.38	160	John	Holmes	M	M55	11	NSRRA	495
212	39.50	161	Paul	Hickman	M	M45	23	NSRRA	217
107	39.53	162	Richard	Benson	M	M60	7	Congleton harriers	439
262	40.04	163	Tim	Hulmes	M	Sen	53		
146	40.07	164	Chris	Ball	M	M40	15		
109	40.13	165	Pam	Davies	f	F60	2	Stone master marathoners	107
315	40.22	166	Dawn	Green	F	F45	5	Chase harriers	318
323	40.34	167	Emma	Gaffney	F	F35	6	Lichfield running club	
64	40.37	168	Liz	Clutton	f	F55	2	Cheadle running club	390
186	40.41	169	Dave	Stephens	M	M55	12	Stafford harriers	
81	40.43	170	Darren	Taylor	M	M45	24	Chase harriers	484
365	40.46	171	Sarah	Tatton	f	U21	9	Telford AC	
339	40.48	172	Kirsty-Jane	Birch	F	Sen	7	Mow cop runners	
200	40.56	173	Roy	Clay	M	M55	13	Stafford harriers	405
58	41.02	174	Ann	Williams	f	F45	6	NSRRA	186
374	41.04	175	Rachel	Yates	f	F40	7	Stone master marathoners	
375	41.08	176	Martin	Rathbone	m	M40	16		
93	41.09	177	David	Baker	M	M55	14	Staffordshire moorlands	239
26	41.10	178	Sally	Crisp	f	Sen	8	Stafford Triathlon club	
279	41.10	179	Louise	Booker	f	F35	7	Aldridge running club	

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20	41.11	180	Kirsten	Owen	f	F35	8	POTTERS TROTTERS	25
252	41.20	181	Jon	Blake	M	M40	17		
40	41.21	182	Graham	Williams	M	M65	6	Stafford harriers	65
346	41.25	183	Ben	Brennan	m	Sen	54		
282	41.31	184	Adrian	Hitchen	M	Sen	55		
340	41.33	185	Amamda	Clay	F	F40	8	Stafford harriers	
28	41.35	186	Colin	Earp	M	M65	7	South Cheshire Harriers	146
34	41.36	187	Philip	cooke	M	M55	15	Stone master marathoners	93
179	41.38	188	John	Quinn	M	M65	8	Aldridge running club	
329	41.40	189	N	Boulton	m	M45	25	Stone master marathoners	
129	41.42	190	Francesco	Dellicompag	M	M60	8		
273	41.43	191	chris	Morris	M	Sen	56		
120	41.44	192	Liz	Fox	f	F40	9	Blythe bridge	267
302	41.48	193	Gillun	Harrison	m	Sen	57		
147	41.50	194	Scott	Burton	M	Sen	58	wolverhampton and bilston	
272	41.50	195	Belinda	Riley	f	F50	4	Newcastle Staff AC	138
94	41.52	196	Keith	Goss	M	M60	9	Uttoxeter RR	336
313	41.59	197	Jason	Copp	m	M45	26		
221	42.01	198	Jane	Morris	f	F35	9	Lichfield running club	
256	42.08	199	Robert	Bagley	M	M50	17	Lichfield running club	
345	42.10	200	Paul	Mansell	m	M45	27	West Bromwich Harriers	
68	42.13	201	Julie	Tooth	f	F40	10	Chase harriers	
298	42.25	202	Angela	Lee	f	Sen	9	Lichfield running club	
277	42.26	203	Graham	Cartwright	M	M55	16		
268	42.36	204	Emma	Waldron	f	Sen	10	Stafford harriers	
6	42.39	205	Leanne	Sharpe	f	Sen	11	Uttoxeter RR	
183	42.44	206	Jackie	Peake	f	F45	7		
194	42.51	207	Mark	Goodwin	M	M40	18		
258	42.57	208	Tom	Shaw	M	M40	19	Michelin AC	
32	43.00	209	Sandra	Smith	f	F45	8	Stafford harriers	
269	43.02	210	Jason	Vigrass	M	M40	20	Aldridge running club	
216	43.10	211	Andy	Worsey	M	M40	21		
206	43.15	212	Nigel	Lee	M	M55	17	Newcastle Staff AC	479
177	43.16	213	Geoff	Channon	M	M55	18	Staffordshire moorlands	
350	43.18	214	Laura	Brownbill	F	Sen	12		

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53	43.23	215	Rachel	Beardmore	f	F35	10	Cheadle running club	121
215	43.25	216	Vikki	Talbot	f	F35	11	Stafford harriers	
128	43.26	217	Harold	Pinkey	M	M60	10	Congleton harriers	
238	43.32	218	Julie	Tatton	f	F50	5	Wrekin R R	
237	43.40	219	Gareth	Jones	M	Sen	59		
236	43.40	220	Nichola	Jackson	f	Sen	13		
219	43.46	221	Tony	Groucott	M	M55	19		
191	43.50	222	Philip	Gillingham	M	M40	22	Lichfield running club	
254	43.51	223	Jane	Deegan	f	Sen	14		
255	43.52	224	Lacey	Walker	f	Sen	15	Stone master marathoners	
227	43.53	225	Jason	Witton	M	Sen	60		
162	43.54	226	Stephen	Brookes	M	M50	18		
307	43.56	227	Neil	Hensley	m	Sen	61		
97	44.10	228	Colin	Pheasant	M	M55	20	Chase harriers	382
265	44.11	229	Amy	Wilshaw	f	Sen	16	Stafford harriers	
198	44.19	230	Dawn	Hawkins	f	F40	11	Cheadle running club	
361	44.25	231	Alan	Hodgkiss	m	M65	9	Telford AC	
260	44.26	232	Natasha	Dupree	f	Sen	17		
249	44.41	233	Lauren	Gee	f	U21	10	Stafford harriers	
61	44.42	234	Terry	Barker	M	M40	23	South Cheshire Harriers	351
392	44.44	235	Jo	Aartse Tuyn	f	F50	6		111
378	44.50	236	Lesley	Cole	f	F55	3	South Cheshire Harriers	136
39	44.51	237	Karen	Murray	f	F45	9	Stafford harriers	224
29	44.59	238	Gael	Earp	f	F50	7	Stafford harriers	147
123	45.03	239	leon	Millership	M	Sen	62		
274	45.05	240	mark	Trahearn	M	Sen	63		
223	45.08	241	Angela	Brookes	f	F35	12	Stafford harriers	
166	45.32	242	Joanne	Roden	f	F35	13	Chase harriers	
178	45.36	243	Jane	Quinn	f	F55	4	Aldridge running club	
110	45.40	244	Mac	McCoig	M	M60	11	Stone master marathoners	275
304	45.43	245	Abigail	Wright	F	Sen	18	Aldridge running club	
367	45.46	246	Andrew	Bowman	m	M50	19		
261	45.57	247	Debra	Bailey	f	F40	12	Stone master marathoners	
332	46.16	248	Julie	Griffiths	F	F45	10	Stone master marathoners	
390	46.23	249	Sally	Burns	f	F35	14	Stafford harriers	

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208	46.25	250	Stuart	Illsley	M	M40	24		
77	46.25	251	Joanne	Oliver	f	F40	13	Stafford harriers	
389	46.29	252	Kate	Bonser	f	F35	15		
164	46.31	253	Susan	Sutton	f	F45	11	Michelin AC	38
134	46.37	254	Shelagh	Swinnerton	f	F60	3	South Cheshire Harriers	
248	46.38	255	Bill	Whitworth	M	M65	10	Stafford harriers	363
310	46.39	256	Helen	Oakley	F	F40	14	Lichfield running club	
275	46.41	257	Kirsty	Johnson	f	Sen	19	wolverhampton and bilston	
287	46.44	258	Rachel	Collins	f	Sen	20		
306	46.49	259	Emma	Aust	F	F35	16		
333	47.02	260	Sarah	Gillick	F	F35	17	Stone master marathoners	
202	47.05	261	Anne	Kelsall	f	F55	5	Aldridge running club	
36	47.05	262	Sue	Davies	f	F45	12	South Cheshire Harriers	140
149	47.07	263	Ian	Coghlan	M	M45	28	Stafford harriers	
13	47.10	264	Justine	Hall	f	F40	15		
228	47.14	265	Brett	Jenkinson	M	Sen	64		
211	47.18	266	Bobbie	Hickman	f	F40	16	POTTERS TROTTERS	218
344	47.20	267	Holly	Clarke	F	Sen	21	Lichfield running club	
338	47.22	268	Rachel	Faulkner	F	F40	17	Lichfield running club	
278	47.25	269	Sharon	Goulson	f	F45	13	Newport and district	
342	47.30	270	Paul	Rollins	m	Sen	65		
131	47.32	271	Daniel	Carter	M	M50	20	Uttoxeter RR	53
192	47.36	272	Helen	Manton	f	F40	18	Peel road runners	
246	47.39	273	Les	Smith	M	M55	21	Stafford harriers	
174	47.40	274	Amanda	Pearce	f	F55	6	Stafford harriers	
171	47.49	275	Sharon	Blest	f	F50	8	Sneyd striders	
48	47.50	276	Jackie	Evans	f	F45	14	Michelin	
308	47.51	277	Helen	Carter	F	F45	15	Lichfield running club	
276	47.55	278	Terry	Murphy	f	F60	4	Stone master marathoners	398
188	48.08	279	Chelsie	Cook	f	U21	11	Stafford harriers	
351	48.10	280	Vicki	Fox	F	F40	19		
386	48.10	281	Jo	Cotton	f	F35	18	Michelin	
161	48.12	282	Kellie	Lee	f	F40	20	Stafford harriers	187
235	48.15	283	Suzanne	Potts	f	F40	21	Newport and district	
155	48.16	284	Jonathan	Wood	M	U21	12	Michelin	296

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382	48.22	285	Sam	Taker	f	Sen	22	Stafford harriers	
203	48.29	286	Toni	Ireland	f	F55	7	Newport and district	
55	48.33	287	Isabel	Syred	f	F40	22	Cheadle running club	208
84	48.34	288	Tony	Baker	M	M50	21	Aldridge running club	
387	48.40	289	Andrea	Thorley	f	F35	19	Michelin	
283	48.49	290	Sissi	Ispoglou	f	F40	23		
73	48.53	291	Kate	Christian	f	F45	16	Sneyd striders	
324	48.53	292	Patricia	Hargreaves	F	F55	8	Michelin AC	
366	48.53	293	Julie	Mogey	f	Sen	23	Stafford harriers	
197	48.58	294	John	Brown	M	M65	11	wolverhampton and bilston	
218	49.02	295	Stephanie	Clarke	f	Sen	24		
217	49.02	296	Dawn	Brettell	f	Sen	25		
181	49.18	297	Anne	Mellor	f	F50	9	Stafford harriers	
373	49.19	298	Linda	Fernyhough	f	F45	17	Moorlands	305
69	49.20	299	Joyce	Edwards	f	F60	5	Stone master marathoners	124
59	49.21	300	Julie	Nokes	f	F50	10	Stafford harriers	
54	49.26	301	Anne-Marie	Mountford	f	F35	20	Stone master marathoners	182
349	49.29	302	Alison	Kelly	F	F50	11	Stafford harriers	
57	49.30	303	Lorraine	Clarke	f	F45	18	Mow cop runners	241
17	49.46	304	Michael	Swift	M	M45	39		
127	49.50	305	Sharon	Fern	f	F35	21	Aldridge running club	
295	49.53	306	Anne	Schwarzenb	f	F45	19	Lichfield running club	
348	50.02	307	Pauline	Walsh	F	F50	12	Newport and district	
266	50.13	308	Mike	Rogers	M	M65	12	Aldridge running club	
101	50.20	309	Silifa	Williams	f	F55	9	Peel road runners	
337	50.31	310	Sarah	Widdowson	F	Sen	26	Stafford harriers	
45	50.53	311	Laura	Hall	f	Sen	27	Norton Cannes	300
49	51.00	312	George	Wilks	M	M65	13	Road runners club	279
7	51.07	313	Liz	Shawcross	f	F50	13		
76	51.12	314	Craig	Carpenter	M	Sen	66	NSRRA	311
35	51.14	315	Sally	Aldridge	f	F60	6	Michelin	92
264	51.14	316	Darran	Morris	M	Sen	67	Michelin AC	
67	51.27	317	Hilary	Hollington	f	F60	7	Sneyd striders	
160	51.36	318	John	Buckby	M	M65	14	West Bromwich Harriers	
281	51.42	319	Jo	Yarnell	f	F40	24	Aldridge running club	

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148	51.51	320	Anne	Coghlan	f	F45	20	Stafford harriers	
141	51.51	321	Nicola	Bridgewood	f	F35	22	Stafford harriers	
78	51.51	322	Rachel	Pine	f	F40	25	Stafford harriers	
380	52.00	323	Liz	Stevenson	f	F55	10		229
352	52.14	324	Leianne	Husband	F	Sen	28		
88	52.30	325	Anna	Sargeant	f	F60	8		
79	53.06	326	Valarie	Stuart	f	F60	9	Stafford harriers	
100	53.12	327	Stephen	Williams	M	M55	22		
226	53.12	328	Lisa	Moreton	f	Sen	29		
336	53.18	329	Claire	Preece	F	Sen	30	Stafford harriers	
220	53.29	330	James	Hoe	M	Sen	68		
305	53.43	331	Karen	Sokolenko	F	F50	14		
233	54.13	332	Jane	McGreen	f	F55	11		
159	54.24	333	Elizabeth	Fildes	f	Sen	31		
65	54.28	334	Julie	Birtles	f	F35	23	Stafford harriers	
132	54.30	335	Katy	Sigley	f	F35	24		
115	54.41	336	Katherine	Harris	f	Sen	32		
296	55.09	337	Sam	Neville	f	Sen	33		
343	55.22	338	Sarah Jane	Platt	F	F40	26	Mow cop runners	
294	55.26	339	Michele	Woolley	f	F45	21		
71	55.39	340	Anne	Davies	f	F60	10	POTTERS TROTTERS	344
245	56.24	341	Bobbie	Phillips	f	F55	12	Stafford harriers	
142	56.55	342	Liz	Pearson	F	F40	27	Stafford harriers	
293	57.57	343	Ceri	Leek	f	Sen	34		
292	57.57	344	Emma	Murray	f	Sen	35		
225	58.05	345	Diane	Burke	f	F45	22	Aldridge running club	
119	58.15	346	Hazel	Barlow	f	F50	15	Michelin	397
370	58.15	347	Linda	Woodall	f	F50	16	Michelin AC	
327	59.16	348	Beverley	Bradshaw	F	Sen	36		
244	59.19	349	Jayne	Bunch	f	F50	17	Aldridge running club	
242	59.19	350	Claire	Heaven	f	F45	23	Aldridge running club	
285	59.46	351	Sarah	Findlay	f	Sen	37		
201	61.26	352	Julia	Frances	f	F60	11	Stafford harriers	
158	62.00	353	Carly-Ann	Bryan	f	Sen	38	Stafford harriers	
289	62.28	354	Carol	McMurray	f	F50	18		

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362	62.29	355	David	Hetherington	m	M40	25	Chase Harriers
112	65.15	356	Kathy	Ling	f	F60	12	Wrekin R R
251	67.12	357	Sharon	Skellern	f	Sen	39	
288	67.28	358	Helen	Dixon	f	Sen	40	