

Results Main race 2013 5 Mile Race

Runners Number	Time	Race Pos	Forename	Surname	Gndr	Cat	Cat pos	Club	NSRRA
28	27.50	1	Alex	Benfield	M	MSen	1	Burton a c	
347	28.00	2	Robin	Sedman-Smith	M	MSen	2	newport and district	
326	28.33	3	Simon	Myatt	M	MSen	3		
234	28.46	4	Carl	Platt	M	MSen	4	City Of Stoke	87
27	28.48	5	David	Betteley	M	M40	1	south cheshire harriers	184
173	29.11	6	Peter	Dutton	M	MSen	5		
314	29.16	7	Daniel	Brazier	M	MSen	6	Wolverhampton & bilston	
204	29.19	8	Scott	Minshall	M	MSen	7	trentham r c	
94	29.30	9	Andrew	Mayers	M	M40	2	south cheshire harriers	313
65	29.43	10	James	Jefferson	M	MSen	8	west bromwich harriers	
241	30.07	11	Jason	Jones	M	M40	3	cannock and stafford	
31	30.11	12	David	PickStock	M	MSen	9	trentham r c	
237	30.21	13	Aaron	Houseman	M	MSen	10	cannock and stafford	
244	30.31	14	Steve	Vaughan	M	MSen	11	Stafford harriers	999
163	30.33	15	James	Coombes	M	MSen	12	lichfield r c	
155	30.40	16	Ryan	Nokes	M	MSen	13		
351	30.41	17	Stephen	Reid	M	MSen	14	telford a c	
250	30.42	18	Alex	Locker	M	MSen	15		
161	30.44	19	Nicholas	Hackett	M	MSen	16	south cheshire harriers	101
153	30.46	20	John	Doyle	M	MSen	17	lichfield r c	
172	30.47	21	Bryn	Holmes	M	M40	4	NSRRA	389
159	30.56	22	Andy	Lane	M	M45	1	lichfield r c	
215	30.57	23	Robert	Mottram Jones	M	M50	1	vegetarian cycling and a c	1
100	31.00	24	Andrew	Jones	M	MSen	18	south cheshire harriers	320
30	31.22	25	Ben	Bewley	M	MSen	19	newcastle a c	189
96	31.25	26	Mark	Bridgwood	M	MSen	20	Stafford harriers	288
350	31.27	27	Jon	Wolfe	M	MSen	21	lichfield r c	
63	31.29	28	James	Lake	M	MSen	22	cannock and stafford	205
323	31.43	29	Andy	Walsh	M	MSen	23	lichfield r c	
44	32.02	30	Paul	Jakeways	M	MSen	24	west bromwich harriers	
300	32.06	31	Scott	Palmer	M	M40	5		
270	32.11	32	Neil	Jones	M	M45	2	south cheshire harriers	17
167	32.13	33	Michelle	Buckle	F	F35	1	newcastle a c	139
229	32.15	34	Alan	Griffin	M	M40	6	Stafford harriers	
91	32.29	35	Richard	Powell	M	MSen	25	west bromwich harriers	

52	32.32	36	Paul	Burslam	M	M45	3	trentham r c	255
146	32.34	37	David	Tatton	M	MSen	26	telford a c	
271	32.37	38	Jon	Bowman	M	MSen	27	trentham r c	
101	32.40	39	Matthew	Plant	M	MSen	28	trentham r c	72
90	32.42	40	Sally	Grey	F	F35	2	cannock and stafford	
203	32.45	41	Scott	Zikmanis	M	MSen	29	trentham r c	
133	32.49	42	Jonathan	bloor	M	MSen	30	newcastle a c	
344	32.49	42	Phil	Evans	M	MSen	31		
40	32.52	45	Craig	Taylor	M	MSen	32	trentham r c	66
4	32.55	45	Alan	Brookes	M	M55	1	south cheshire harriers	215
214	32.57	46	Paul	Ross	M	MSen	33		
199	32.59	47	Chris	Naylor	M	MSen	34	michelin ac	
67	33.01	48	John	Scott	M	M40	7		
228	33.15	49	Ian	Wood	M	M50	2	oak park	356
332	33.22	50	Paul	Burke	M	M40	8	aldridge	
357	33.24	51	David	Clarke	M	MSen	35	Staffs Moorlands AC	
201	33.26	52	Richard	Lowndes	M	M45	4	stafford tri club	
254	33.30	53	Ruth	Watchorn Rice	F	F45	1	Staffs Moorlands AC	280
364	33.36	54	Darren	Redmond	M	MSen	36		
49	33.38	55	Janson	Heath	M	M40	9	trentham r c	319
211	33.43	56	Iain	Lewis	M	MSen	37	Wolverhampton & bilston	
53	33.45	57	Darren	Pyatt	M	M45	5	Stafford harriers	
361	33.50	58	Mark	Maloney	M	MSen	38	michelin ac	178
22	33.53	59	Terry	Barker	M	M45	6	south cheshire harriers	351
154	33.54	60	Mark	Shaw	M	MSen	39	aldridge	
42	34.00	61	Wendy	Swift	F	F40	1	newcastle a c	
13	34.06	62	Lee	Jones	M	M40	10	trentham r c	62
162	34.10	63	Steven	Naylor	M	MSen	40		
331	34.10	63	Paul	Handcock	M	M40	11	south cheshire harriers	89
106	34.12	65	Nigel	Baskerville	M	M45	7	south cheshire harriers	387
329	34.17	66	Keith	Harrison	M	M50	3	sneyd striders	
71	34.26	67	Arlette	Carmichael	D	D	1		
76	34.34	68	Russell	Williams	M	M50	4	cheadle r c	201
180	34.36	69	Clolin	Jackson	M	M65	1	aldridge	
137	34.46	70	Nigel	Payne	M	M50	5	michelin ac	143
196	34.48	71	Lee	Harris	M	MSen	41	west bromwich harriers	
295	34.50	72	Pat	Hudson	M	MSen	42	south cheshire harriers	102
238	34.51	73	Stephanie	Clayton	F	F35	3	Stafford harriers	
205	34.59	74	Mick	Beardmore	M	M60	1	cheadle r c	130
264	35.03	75	John	Poners	M	M45	8		
227	35.06	76	Christine	Kilkenny	F	F60	1	cannock and stafford	163

87	35.10	77	John	guest	M	M50	6	trentham r c	150
231	35.11	78	Christopher	Pearce	M	MSen	43	Stafford harriers	
166	35.15	79	Jim	Greenwood	M	MSen	44	west bromwich harriers	
62	35.22	80	Chris	Lake	M	M40	12	chase harriers	207
345	35.28	81	Mark	Orme	M	MSen	45		
363	35.33	82	Dennis	Hussey	M	MSen	46		
119	35.36	83	Sophie	Clement	F	F35	4	chase harriers	
358	35.42	84	John	Wood	M	M55	2	michelin ac	95
64	35.44	85	Dominic	Ashton	M	M40	13	west bromwich harriers	
37	35.45	86	Mark	Jones	M	M45	9	chase harriers	
269	35.46	87	Jane	Clarke	F	F45	2	Lincoln Wellington	
113	35.48	88	Frank	Caci	M	M55	3		
287	35.48	88	Mark	Greatholder	M	MSen	47		
296	35.48	88	Sarah	Taylor	F	F45	3	michelin ac	
218	35.51	91	Brian	Tonks	M	M55	4	trentham r c	
217	35.58	92	David	Ford	M	MSen	48		
317	36.01	93	Mark	Judge	M	MSen	49	Dudley Kingswindsford	
197	36.03	94	Paul	Higginson	M	M40	14	Stafford harriers	
230	36.04	95	Kevin	Jackson	M	M45	10	chase harriers	
272	36.05	96	Gillian	Russon	F	F40	2	cannock and stafford	151
148	36.06	97	Tom	Exton	M	MSen	50	Stafford harriers	
26	36.09	98	Ross	Norton	M	MSen	51		
12	36.13	99	Robert	Proctor	M	M40	15	Stafford harriers	
185	36.15	100	Neil	Ridgway	M	M55	5	south cheshire harriers	78
51	36.16	101	Dave	McCarthy	M	MSen	52	west bromwich harriers	
18	36.22	102	Julian	Greg	M	M50	7	trentham r c	120
367	36.26	103	Bethany	Dawid	F	FSen	1	newcastle a c	
86	36.32	104	Adrian	Good	M	M50	8		
11	36.35	105	David	Threlfall	M	M40	16	burntwood triathlon club	
164	36.45	106	Nick	sigley	M	M45	11		
368	36.48	107	Richard	Fain	M	MSen	53	stone master marathoners	316
114	36.50	108	Gary	Jones	M	MSen	54	michelin ac	553
261	36.57	109	Paul	Butler	M	M50	9	aldridge	
294	36.59	110	Stuart	Bavester	M	M45	12		
111	37.00	111	Anna-Louise	Bradley	F	FSen	2	lichfield r c	
74	37.06	112	Mike	Whitmore	M	M65	2	newcastle a c	164
143	37.06	112	andy	Christian	M	M50	10	sneyd striders	
213	37.07	114	Ian	Glover	M	MSen	55		
356	37.13	115	Joseph	Clarke	M	MSen	56	Staffs Moorlands AC	

242	37.15	116	Grahame	Cope	M	M40	17	utttoxeter road runners	400
110	37.18	117	Chris	Skellern	F	F50	1	Stafford harriers	549
147	37.18	117	Sarah	Tatton	F	FSen	3	telford a c	
144	37.31	119	Terry	Wall	M	M45	13		
274	37.31	119	Martin	Kaine	M	M45	14		
32	37.32	121	Phill	Cliff	M	M45	15	south cheshire harriers	170
92	37.36	122	Emma	Gaffney	F	F35	5	lichfield r c	
210	37.37	123	Helen	Phillips	F	F45	4	aldridge	
93	37.44	124	Ian	Robinson	M	M45	16	lichfield r c	
3	37.48	125	Tim	Hough	M	M40	18	Stafford harriers	
293	37.52	126	Paul	Averis	M	M40	19		
288	37.55	127	Rachel	Tweedie	F	F40	3	newcastle a c	327
150	38.00	128	Rachel	Yates	F	F35	6	stone master marathoners	4
256	38.02	129	Cameron	Taylor	M	MSen	57		
240	38.04	130	John	Archer	M	M60	2	Winiston Runners	
335	38.06	131	Mak	Singh	M	M55	6		
200	38.10	132	Steve	Alder	M	MSen	58	stone master marathoners	117
243	38.12	133	Wayne	Vaughan	M	MSen	59	Stafford harriers	
283	38.22	134	Jason	Lee	M	MSen	60	aldridge	
202	38.25	135	Vicky	Lowndes	F	F45	5	stafford tri club	
343	38.27	136	Michael	Tobin	M	M50	11	south cheshire harriers	
73	38.29	137	Alan	Jeavans	M	M65	3		
273	38.39	138	Harshad	Patel	M	MSen	61		
334	38.42	139	Pin	Nahal	M	MSen	62		
29	38.43	140	Brian	Mackey	M	M65	4	utttoxeter road runners	461
97	38.46	141	Chris	Morris	M	MSen	63		
174	38.48	142	John	Quinn	M	M65	5	aldridge	
184	38.54	143	Ben	Brennan	M	MSen	64		
160	39.00	144	Emma	Funnell	F	FSen	4	lichfield r c	
315	39.01	145	Ben	Delucompagni	M	MSen	65		
152	39.05	146	Graham	Sheridan	M	M40	20	trentham r c	
286	39.08	147	Claran	Fallon	M	M40	21		
337	39.15	148	John	Roche	M	M40	22		
151	39.16	149	Kirsten	owen	F	F35	7	trentham r c	25
305	39.19	150	David	Robson	M	M45	17		
307	39.20	151	Ashley	Hodgkins	M	M40	23		
348	39.20	151	Stephen	Brookes	M	M45	18	stone master marathoners	375
130	39.24	153	Shelley	Burns	F	FSen	5	Stafford harriers	
192	39.28	154	Liz	Clutton	F	F60	2	cheadle r c	390
346	39.32	155	Andy	Bourne	M	MSen	66	stafford harriers	
141	39.34	156	Oliver	Stokes	M	MSen	67	newport and district	

366	39.34	156	Sally	Kenny	F	F40	4	cheadle r c	243
117	39.38	158	Rachel	Beardmore	F	F35	8	cheadle r c	121
115	39.44	159	Amanda	Gilbert	F	F35	9	cheadle r c	
216	39.46	160	Oliver	Clarke	M	MSen	68	NSRRA	284
7	39.48	161	Tony	Wardle	M	M40	24	south cheshire harriers	293
122	39.50	162	Graham	McLachlan	F	F35	10	michelin ac	359
5	39.56	163	Michael	Horton	M	M65	6	NSRRA	21
275	39.59	164	Dawn	Murphy	F	F40	5	cheadle r c	
77	40.04	165	David	Crisp	M	M55	7		
35	40.07	166	Arthur	Zammit	M	M40	25	telford harriers	233
325	40.08	167	Clare	Dundas	F	F35	11	michelin ac	
333	40.11	168	Sandra	Griffiths	F	FSen	6	michelin ac	
158	40.13	169	Jon	Bradbury	M	M50	12		
78	40.14	170	Sally	Ball	F	FSen	7	stafford tri club	
303	40.16	171	Robert	Bagley	M	M50	13	lichfield r c	
253	40.18	172	Nick	Bolton	M	M45	19	stone master marathoners	295
23	40.20	173	Francesco	Dellicompagni	M	M65	7		
68	40.22	174	Dot	Fellows	F	F60	3	cannock and stafford	179
353	40.33	175	Stephen	Weaver	M	M50	14		
145	40.38	176	Nigel	Tatton	M	M45	20	telford a c	
259	40.41	177	Dave	Mantle	M	M60	3	stafford harriers	
123	40.43	178	Pam	Davies	F	F60	4	stone master marathoners	107
339	40.46	179	Andrew	Murray	M	M40	26		
179	40.51	180	Craig	Lightfoot	M	M40	27	newcastle a c	
84	40.56	181	Mark	Goodwin	M	M40	28		
121	40.56	181	Martin	Foxall	M	M40	29		
277	40.59	183	Christopher	Cox	M	M60	4	lichfield r c	
2	41.06	184	Cathy	Atherton	F	F35	12	south cheshire harriers	188
298	41.08	185	Robert	Gillan	M	M55	8		
284	41.20	186	Philip	Cooke	M	M55	9	stone master marathoners	93
239	41.25	187	Nigel	Haynes	M	M45	21	south cheshire harriers	
191	41.36	188	James	Cowdell	M	M45	22		
170	41.40	189	Paul	Poulton	M	M55	10	chase harriers	
69	41.44	190	Hilary	Hollington	F	F60	5	sneyd striders	
193	41.44	190	Simon	Hudson	M	M50	15	aldrige	
70	41.47	192	David	Baker	M	M55	11	stafforshire moorlands	239
279	41.48	193	Bryn	Evans	M	MSen	69	stone master marathoners	
233	41.55	194	Esther	Batho	F	F40	6	Stafford harriers	
98	41.57	195	Belindda	Riley	F	F50	2	newcastle a c	138

79	42.00	196	Richard	Shaw	M	M60	5	stone master marathoners	
257	42.04	197	Paul	Thompson	M	M40	30		
355	42.20	198	Steve	Clarke	M	M55	12	Staffs Moorlands AC	
118	42.23	199	Roy	Clay	M	M55	13	Stafford harriers	405
107	42.24	200	Caroline	Nichol	F	FSen	8	Stafford harriers	
190	42.27	201	Nigel	Lee	M	M55	14	newcastle a c	479
102	42.30	202	Ann	Jones	F	F45	6	NSRRA	186
176	42.34	203	Simon	Miller	M	M45	23	lichfield r c	
112	42.39	204	John	Holmes	M	M55	15	NSRRA	495
157	42.44	205	Linda	Feryhough	F	F50	3	staffordshire moorlands	
177	42.45	206	Karen	Kiteley	F	F40	7	aldridge	
85	42.48	207	Phill	Thomas	M	MSen	70	trentham r c	19
103	42.52	208	Louise	Booker	F	F35	13	aldridge	
249	42.54	209	Karen D	Murray	F	F50	4	Stafford harriers	249
330	43.02	210	Bill	Stevenson	M	M50	16	michelin ac	
139	43.03	211	Louise	Gillingham	F	F40	8	lichfield r c	
299	43.04	212	Cameron	Palmer	M	MSen	71		
57	43.11	213	David	Jenkins	M	M45	24	ournville harriers	
212	43.17	214	Holly	Baddeley	F	FSen	9	Wolverhampton & bilston	
120	43.18	215	Tom	Shaw	M	M40	31	michelin ac	
276	43.19	216	Russel	Reid	M	M55	16	uttoxeter road runners	69
61	43.22	217	Mark	Jones	M	MSen	72		
359	43.27	218	Brian	Powell	M	M60	6	NSRRA	191
175	43.31	219	Jane	Quinn	F	F60	6	aldridge	
258	43.33	220	Tim	Primmer	M	MSen	73	Derby Runners	
328	43.40	221	Lyndsey	Findlay	F	F35	14	uttoxeter road runners	
225	43.41	222	Colin	Earp	M	M65	8	south cheshire harriers	
60	43.46	223	Keith	Goss	M	M60	7	uttoxeter road runners	336
125	43.51	224	Rachel	Kitson	F	FSen	10		
131	43.59	225	Simon	Emerson	M	M40	32		
169	44.04	226	Abigail	Wright	F	FSen	11	aldridge	
14	44.06	227	Graeme	Cowles	M	M45	25		
278	44.08	228	Sarah	Gillick	F	F35	15	stone master marathoners	
292	44.10	229	Anthony	Worton	M	MSen	74		
304	44.11	230	Jo	Cotton	F	F35	16	michelin ac	
321	44.11	230	Liz	Tideswell	F	F40	9	potters trotters	
327	44.16	232	Tracy	Hodgkins	F	F50	5	uttoxeter road runners	
281	44.20	233	Paul	Woodcock	M	M55	17		
290	44.24	234	Andy	Worsey	M	M40	33	NSRRA	83

34	44.27	235	Suzanne	Potts	F	F40	10	newport and district	
142	44.46	236	Kate	Christian	F	F50	6	sneyd striders	
263	44.48	237	Pete	Rees	M	M40	34	Derby Runners	
181	44.53	238	Richard	Cruice	M	MSen	75		
182	44.53	238	Phillip	Kemp	M	MSen	76		
319	44.59	240	Laura	Cataldi	F	FSen	12	Stoke AC	
306	45.00	241	Alan	Daniel	M	M60	8	michelin ac	
186	45.12	242	Chris	Dale	M	M55	18		
9	45.21	243	Colin	Bourne	M	M40	35	michelin ac	16
168	45.24	244	Beverley	Ward	F	F50	7	west bromwich harriers	
126	45.28	245	Tony	Grocutt	M	M60	9		
99	45.38	246	Sharon	Blest	F	F50	8	sneyd striders	
313	45.39	247	Caroline	Reis	F	F35	17		
36	45.40	248	Claire	Bradshaw	F	FSen	13		
301	45.40	248	Kate	Bonser	F	F35	18		
324	45.41	250	Hannah	Rice	F	FSen	14		
59	45.52	251	Helen	Young	F	F50	9	lichfield r c	
311	45.52	251	Rebecca	Bostock	F	F40	11		
252	45.56	253	Julie	Bolton	F	F45	7	stone master marathoners	
341	46.02	254	Mark	Wetherill	M	M40	36		
248	46.03	255	Adrian	Faber	M	M55	19		
342	46.04	256	Dean	Vaughan	M	M40	37		
24	46.06	257	Mandy	Tibbott	F	F40	12	south cheshire harriers	245
262	46.10	258	Ian	Beattie	M	M55	20	telford a c	
43	46.15	259	Sharon	Fern	F	F35	19	aldridge	
302	46.20	260	Sally	Burns	F	F35	20	stafford harriers	
336	46.21	261	Jeremy	Straw	M	M40	38		
25	46.24	262	Shelagh	Swinnerton	F	F60	7	south cheshire harriers	
245	46.27	263	Lizi	Chambers	F	FSen	15	aldridge	
316	46.46	264	Andrea	McCutcheon	F	F35	21	michelin ac	
285	46.50	265	Andrew	Dasey	M	M40	39	newcastle a c	
165	46.51	266	Emma	Sheldon	F	F35	22	west bromwich harriers	
19	46.54	267	Tara	Langley-Cole	F	FSen	16	south cheshire harriers	
251	47.08	268	Haley	Locker	F	FSen	17	trentham r c	
226	47.13	269	Gael	Earp	F	F50	10	Stafford harriers	163
349	47.17	270	Lisa	Parry	F	FSen	18	lichfield r c	
17	47.18	271	Natalie	Bailey	F	FSen	19	south cheshire harriers	248
138	47.21	272	Susan	sutton	F	F45	8	michelin ac	38
208	47.21	272	Melanie	Brown	F	F50	11	aldridge	
16	47.30	274	Anne-Marie	Mountford	F	F40	13	stone master marathoners	182

291	47.37	275	Barry	Clutton	M	M65	9	cheadle r c	
219	47.50	276	Simon	Taylor	M	M45	26		
220	47.50	276	Claire	McHugh	F	F45	9		
81	47.55	278	Colin	Pheasant	M	M55	21	chase harriers	382
354	47.55	278	Charlotte	Hartley	F	FSen	20		
75	47.58	280	Michael	Bamber	M	M50	17	Stafford harriers	
38	48.00	281	Pamela	Davies	F	F40	14	chase harriers	
80	48.03	282	Margaret	Shaw	F	F60	8	stone master marathoners	
280	48.05	283	Laura	Hall	F	FSen	21	cheadle r c	
105	48.07	284	Karen	Sokolenko	F	F50	12		
89	48.11	285	Kathleen	Mellor	F	F50	13	potters trotters	216
260	48.11	285	Jo	Butler	F	F50	14	aldridge	
45	48.24	287	Joyce	Edwards	F	F60	9	stone master marathoners	124
88	48.31	288	Donna	Caton	F	FSen	22		
156	48.34	289	Julie	Nokes	F	F50	15	Stafford harriers	47
352	48.55	290	Tina	Taylor	F	FSen	23	lichfield r c	
15	49.08	291	Andy	Munford	M	M55	22	Wolverhampton & bilston	314
46	49.12	292	Bill	Whitwoth	M	M65	10	Stafford harriers	363
232	49.45	293	Michael	Jones	M	M65	11	Stafford harriers	584
195	49.47	294	Lauren	forbes	F	FSen	24		
365	49.50	295	Elizabeth	Goodwin	F	F50	16	uttoxeter road runners	
135	49.52	296	Alison	Edwards	F	F35	23	aldridge	
362	49.52	296	Kay	Swingwood	F	F50	17	uttoxeter road runners	
322	49.54	298	Liz	Stevenson	F	F55	1	potters trotters	
268	50.00	299	Alan	Hodgkis	M	M65	12	telford a c	
41	50.08	300	Jon	Hillman	M	MSen	77	NSRRA	276
360	50.09	301	Richard	Fain	M	MSen	78	stone master marathoners	
171	50.24	302	Giselle	Smith	F	F40	15	market drayton r c	
236	50.34	303	Andrew	Bowman	M	M50	18	trentham r c	
55	50.54	304	Mark	Goodwin	M	MSen	79		
56	50.54	304	Chris	Downing	M	M45	27		
66	50.55	306	Lee	Lymer	F	F50	18	potters trotters	317
129	51.02	307	Liz	Emerson	F	FSen	25		
297	51.06	308	Bridget	McCourt	F	F40	16	michelin ac	199
310	51.32	309	Ellen	Williams	F	F40	17		
132	51.39	310	David	Caulton	M	MSen	80	team derby runner	
127	51.45	311	Andrew	Rafferty	M	MSen	81		
222	51.46	312	Les	Smith	M	M55	23	stafford harriers	
309	51.48	313	Darran	Morris	M	MSen	82	michelin ac	
312	51.55	314	Debbie	Burgoyne- Dawson	F	F50	19		
104	52.01	315	Sally	Aldridge	F	F60	10	michelin ac	92

189	52.31	316	Jo	Durkin	F	F50	20	uttometer road runners	
289	52.39	317	Alison	Pope	F	F40	18		
140	52.59	318	John	Stokes	M	M60	10	newport and district	
207	53.01	319	Katy	Sigley	F	F35	24	Stafford harriers	
318	53.21	320	Maria	Gillian	F	FSen	26	micHELIN ac	
33	53.30	321	Peter	Brennan	M	M45	28		
72	53.33	322	Shelley	Dodd	F	F35	25		
58	53.55	323	Anne	Davies	F	F60	11	potters trotters	344
47	53.59	324	Michelle	Davies	F	F40	19		
50	54.18	325	Jayne	Hawkins	F	F35	26		
308	54.44	326	Jackie	Evans	F	F45	10	micHELIN ac	198
82	54.54	327	Lynda	Elmore	F	F40	20	alDRIDGE	
108	54.59	328	Laura	Grice	F	FSen	27		
338	55.09	329	Mark	Payton	M	M50	19		
178	56.39	330	Allan	Hodson	M	M55	24	alDRIDGE	
183	56.47	331	Gillian	Hastings	F	F60	12	alDRIDGE	
246	56.50	332	Linda	Woodall	F	F50	21	micHELIN ac	
255	57.18	333	Kathryn	Care	F	FSen	28	west bromwich harriers	
320	58.20	334	Caroline	Gimbert	F	FSen	29	micHELIN ac	
109	58.28	335	Carol	McMurray	F	F55	2	chase harriers	
221	58.28	335	Sara	Rees	F	F40	21	chase harriers	
282	59.19	337	Cheryl	Woodcock	F	FSen	30		
247	59.49	338	Hazel	Barlow	F	F50	22	micHELIN ac	397
54	60.56	339	Beverley	Bradshaw	F	FSen	31		
267	61.01	340	Cynthia	Lewis	F	F60	13	telford harriers	
265	61.02	341	Damien	Williams	M	MSen	83		
266	61.02	341	David	McCrackeren	M	MSen	84		
206	62.19	343	Kenneth	Gough	M	M45	29	norton canes r r	128
340	65.08	344	Louise	Devam	F	F40	22	chase harriers	
20	66.01	345	Kathy	Ling	F	F60	14	wrekin road runners	237