

Finisher List 5 miler

Gun pos	Chip pos	Gender pos	Cat pos	Race num	Name (first, last)	Gender	Club	Town	Gun time	Chip time	Start delay	Pace (min/ml)	(min/Km)	NSRRA
See also Supervet Finishers for extra (non-prize) categories														
5 miler														
1	1	1	1 (Male 40-44)	369	Martin Williams	M	Tipton Harriers	Dudley	0:26:29	0:26:29	0:00	5:17	3:17	
2	2	2	1 (Male 19-39)	208	Carl Moulton	M	Boalloy RC	stoke-on-trent	0:27:28	0:27:27	0:00	5:29	3:24	156
3	3	3	2 (Male 19-39)	399	Stephen Corbishley	M	Tipton Harriers	Dudley	0:27:43	0:27:43	0:00	5:32	3:26	
4	4	4	3 (Male 19-39)	73	Robert Cartwright	M	Wolves and Bilston	Wolverhampton	0:28:16	0:28:14	0:01	5:38	3:30	
5	5	5	4 (Male 19-39)	114	Richard Bravington	M	Lichfield Running club	Lichfield	0:28:50	0:28:48	0:01	5:45	3:34	
6	6	6	5 (Male 19-39)	365	Neil Tapp	M	Boalloy RC	Stoke	0:28:58	0:28:56	0:01	5:47	3:35	711
7	7	7	6 (Male 19-39)	79	Matthew Craen	M		Hixon	0:29:59	0:29:58	0:01	5:59	3:43	
8	8	8	7 (Male 19-39)	243	Leon Bailey	M	Boalloy RC	Stoke on Trent	0:30:06	0:30:03	0:02	6:00	3:44	272
9	9	9	1 (Male 45-49)	356	Dean Hill	M	Tipton Harriers	Tipton	0:30:07	0:30:06	0:01	6:01	3:44	
10	10	10	8 (Male 19-39)	445	David Morris	M	South Cheshire Harriers		0:30:18	0:30:16	0:01	6:03	3:45	
11	11	11	9 (Male 19-39)	329	Jordan Thomas	M	City of Stoke AC	Stoke on Trent	0:30:19	0:30:18	0:01	6:03	3:45	
12	12	12	10 (Male 19-39)	417	Daniel Lewis	M	Tipton Harriers	Dudley	0:30:24	0:30:23	0:00	6:04	3:46	
13	13	13	11 (Male 19-39)	390	Daniel Floyd	M	Lichfield Running club	lichfield	0:30:33	0:30:32	0:01	6:06	3:47	
14	14	14	1 (Male U19)	157	Fynn Churton	M	City of Stoke AC	Upper Tean	0:30:39	0:30:38	0:01	6:07	3:48	
15	15	15	12 (Male 19-39)	245	Ben Bewley	M	Newcastle (Staffs) AC	Newcastle-under-lyme	0:30:43	0:30:41	0:02	6:08	3:48	189
16	16	16	2 (Male 45-49)	462	Garry Palmer	M	Wolves and Bilston		0:30:49	0:30:47	0:01	6:09	3:49	
17	17	17	13 (Male 19-39)	468	Shaun Ashworth	M	Stone Master Marathoners		0:30:53	0:30:50	0:02	6:10	3:49	
18	19	18	14 (Male 19-39)	193	Mark Hatton	M	Newcastle (Staffs) Tri Club	Stoke On Trent	0:31:00	0:30:58	0:01	6:11	3:50	629
19	18	19	15 (Male 19-39)	149	Tom Hodgson	M	Lichfield Running club	Lichfield	0:31:01	0:30:58	0:03	6:11	3:50	
20	20	20	2 (Male 40-44)	331	Stephen Rivers	M	Lichfield Running club	Lichfield	0:31:06	0:31:03	0:02	6:12	3:51	
21	21	21	16 (Male 19-39)	408	Josh Daley	M	Boalloy RC	Stoke on trrnt	0:31:08	0:31:05	0:02	6:13	3:51	720
22	22	22	17 (Male 19-39)	367	Thomas Harley	M	Stone Master Marathoners	Stone	0:31:12	0:31:09	0:02	6:13	3:52	
23	24	23	3 (Male 45-49)	281	John Harrison	M	staffordshire police	Stafford	0:31:14	0:31:13	0:01	6:14	3:52	
24	23	24	4 (Male 45-49)	315	Bryn Holmes	M	Stone Master Marathoners	Stone	0:31:15	0:31:12	0:03	6:14	3:52	389
25	25	25	18 (Male 19-39)	455	Daniel Cattle	M			0:31:26	0:31:25	0:01	6:17	3:54	
26	26	26	19 (Male 19-39)	278	Morgan Bradley	M	Lichfield Running club	LICHFIELD	0:31:29	0:31:26	0:03	6:17	3:54	
27	27	27	5 (Male 45-49)	46	David Morrell	M		Brocton	0:31:37	0:31:34	0:02	6:18	3:55	
28	28	28	6 (Male 45-49)	214	Paul Hancock	M	South Cheshire Harriers	Sandbach	0:31:40	0:31:38	0:02	6:19	3:55	89
29	29	29	20 (Male 19-39)	370	Matt Sargent	M	Stafford Harriers	Stafford	0:31:44	0:31:41	0:02	6:20	3:56	
30	30	30	7 (Male 45-49)	241	Joseph Goodwin	M	Lichfield Running club	Burton upon Trent	0:31:55	0:31:53	0:02	6:22	3:57	
31	31	31	2 (Male U19)	425	Tyler Hawley	M	Wolves and Bilston	Stafford	0:31:57	0:31:56	0:01	6:23	3:58	
32	32	1	1 (Female 19-34)	45	Kelly Butler	F		Brocton	0:32:04	0:32:02	0:02	6:24	3:58	
33	34	32	1 (Male 55-59)	276	Mick Haire	M	Boalloy RC	Stoke-on-Trent	0:32:16	0:32:14	0:01	6:26	4:00	129
34	33	33	1 (Male 50-54)	430	Simon Danks	M	Uttoxeter Road Runners	Uttoxeter	0:32:16	0:32:12	0:04	6:26	4:00	
35	35	34	8 (Male 45-49)	147	Darren Holmes	M		Swadlincote	0:32:22	0:32:19	0:03	6:27	4:00	
36	36	35	9 (Male 45-49)	309	James Simpson	M	South Cheshire Harriers	nantwich	0:32:24	0:32:21	0:02	6:28	4:01	109
37	37	36	3 (Male 40-44)	432	Gareth Jones	M	Stone Master Marathoners	Stoke-on-Trent	0:32:26	0:32:22	0:03	6:28	4:01	
38	39	2	1 (Female 40-44)	355	Lynne Hill	F	Tipton Harriers	Tipton	0:32:37	0:32:35	0:01	6:31	4:02	
39	38	37	4 (Male 40-44)	22	Steven Mccann	M	Stone Master Marathoners	Stoke on Trent	0:32:38	0:32:34	0:03	6:30	4:02	840
40	40	38	21 (Male 19-39)	37	Stephen Morgan	M	Chase Harriers	Walsall	0:32:41	0:32:37	0:04	6:31	4:03	
41	41	39	10 (Male 45-49)	323	Mark Steele	M	Newcastle (Staffs) AC	Stoke on Trent	0:32:43	0:32:39	0:04	6:31	4:03	
42	42	40	2 (Male 50-54)	210	Darren Pyatt	M	Stone Master Marathoners	Stafford	0:32:46	0:32:43	0:02	6:32	4:03	719
43	43	3	2 (Female 19-34)	398	Leah Whiston	F	City of Stoke AC	Staffordshire	0:32:49	0:32:47	0:01	6:33	4:04	
44	44	41	22 (Male 19-39)	420	Richard Coleman	M	The parachute regiment	Cannock	0:33:00	0:32:57	0:02	6:35	4:05	
45	45	42	11 (Male 45-49)	117	Justin Green	M	Stafford Harriers	Cannock	0:33:01	0:32:59	0:02	6:35	4:05	897
46	46	43	23 (Male 19-39)	473	Ashley Maughan	M			0:33:19	0:33:18	0:00	6:39	4:08	
47	47	44	24 (Male 19-39)	33	Jamie Graham	M		Stafford	0:33:28	0:33:21	0:06	6:40	4:08	
48	48	45	25 (Male 19-39)	340	Tom Chell	M		staffordshire	0:33:28	0:33:24	0:04	6:40	4:09	
49	49	46	5 (Male 40-44)	18	Darren Bentley	M		Burntwood	0:33:36	0:33:34	0:02	6:42	4:10	
50	50	47	6 (Male 40-44)	148	Dave Sanders	M	Lichfield Running club	Lichfield	0:33:44	0:33:40	0:03	6:44	4:11	

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Gun pos	Chip pos	Gender pos	Cat pos	Race num	Name (first, last)	Gender	Club	Town	Gun time	Chip time	Start delay	Pace (min/ml)	(min/Km)	NSRRA
51	52	48	2 (Male 55-59)	249	Andy Thomas	M	Sandbach Striders	Stoke-On-Trent	0:33:52	0:33:48	0:03	6:45	4:12	
52	51	49	26 (Male 19-39)	394	Liam Duggan	M	Stafford Harriers	Stafford	0:33:54	0:33:47	0:06	6:45	4:11	
53	54	50	3 (Male U19)	255	Benjamin Cook	M	Stafford Harriers	Stafford	0:33:56	0:33:51	0:04	6:46	4:12	
54	53	51	3 (Male 55-59)	215	Nicholas Parker	M	Lichfield Running club	Burton-Upon-Trent	0:33:58	0:33:49	0:08	6:45	4:12	
55	55	52	4 (Male 55-59)	457	Owen Barron	M	Uttoxeter Road Runners		0:34:03	0:34:01	0:01	6:48	4:13	
56	56	53	27 (Male 19-39)	75	Richard Crump	M	Stafford Harriers	Penkridge	0:34:04	0:34:02	0:02	6:48	4:13	
57	57	54	3 (Male 50-54)	234	Terry Wall	M	Boalloy RC	stoke-on-trent	0:34:05	0:34:03	0:02	6:48	4:13	420
58	59	55	7 (Male 40-44)	478	Carl Woolley	M	Run & Ride		0:34:21	0:34:13	0:07	6:50	4:15	
59	60	56	4 (Male 50-54)	289	Michael Dobson	M	Stafford Harriers	Walsal	0:34:23	0:34:16	0:06	6:51	4:15	732
60	58	57	8 (Male 40-44)	250	Phillip Steventon	M		Stafford	0:34:25	0:34:05	0:20	6:49	4:14	
61	61	58	4 (Male U19)	304	Jake Oliver	M	Stafford Harriers	Stone	0:34:29	0:34:24	0:04	6:52	4:16	
62	64	59	9 (Male 40-44)	129	Mark Fearnley	M		Stafford	0:34:45	0:34:40	0:05	6:56	4:18	
63	63	60	12 (Male 45-49)	446	Ian Heath	M	Stafford Harriers		0:34:45	0:34:39	0:06	6:55	4:18	
64	66	61	28 (Male 19-39)	353	Ashley Greaves	M		Cradley Heath	0:34:55	0:34:48	0:06	6:57	4:19	
65	65	62	5 (Male U19)	9	Dan Findlay-Robinson	M	Stafford Harriers	Huntington	0:34:56	0:34:48	0:07	6:57	4:19	741
66	67	63	13 (Male 45-49)	470	David Brown	M	Newport & District RC		0:34:56	0:34:48	0:07	6:57	4:19	
67	68	64	10 (Male 40-44)	362	David Smith	M	South Cheshire Harriers	Nantwich	0:34:57	0:34:52	0:04	6:58	4:19	886
68	69	4	3 (Female 19-34)	163	Rebecca Brown	F	Cannock & Stafford AC	Stafford	0:34:58	0:34:53	0:05	6:58	4:20	
69	62	65	5 (Male 50-54)	260	Andrew Cooper	M		Staffordshire	0:35:14	0:34:39	0:34	6:55	4:18	
70	71	66	6 (Male 50-54)	158	Mark Churton	M	Stone Master Marathoners	Upper Tean	0:35:20	0:35:12	0:07	7:02	4:22	
71	72	67	29 (Male 19-39)	221	Nicholas Noyes	M	Uttoxeter Road Runners	Uttoxeter	0:35:22	0:35:17	0:05	7:03	4:23	
72	70	68	5 (Male 55-59)	410	Brian Taylor	M	Chase Harriers	Walsall	0:35:25	0:35:04	0:20	7:00	4:21	
73	73	5	4 (Female 19-34)	24	Nia Rose Nokes	F	Stone Master Marathoners	Stafford	0:35:26	0:35:22	0:03	7:04	4:23	698
74	74	69	6 (Male U19)	218	Adam Tatton	M	Telford AC	TELFORD	0:35:31	0:35:27	0:03	7:05	4:24	
75	75	70	11 (Male 40-44)	326	Timothy Jones	M	NSRRA	Stoke on Trent	0:35:31	0:35:27	0:03	7:05	4:24	857
76	76	6	1 (Female 45-49)	433	Joanne Stanfield	F	Trentham RC	Stoke-on-Trent	0:35:35	0:35:31	0:03	7:06	4:24	744
77	77	71	14 (Male 45-49)	262	Kevin Taylor	M	Chase Harriers	Cannock	0:35:45	0:35:32	0:13	7:06	4:24	
78	78	72	30 (Male 19-39)	292	Alex Langford	M	Stafford Harriers	Stafford	0:35:48	0:35:39	0:09	7:07	4:25	
79	79	73	6 (Male 55-59)	235	Michael Beasley	M	Stone Master Marathoners	Stoke on Trent	0:35:55	0:35:49	0:05	7:09	4:27	737
80	80	74	7 (Male 50-54)	411	Chris Nixon	M	Newcastle (Staffs) AC	Stoke-On-Trent	0:36:14	0:36:09	0:04	7:13	4:29	771
81	81	75	31 (Male 19-39)	201	Oliver Howell	M		Stafford	0:36:15	0:36:12	0:03	7:14	4:29	N/a
82	84	7	1 (Female 55-59)	84	Carol Bird	F	Congleton Harriers		0:36:17	0:36:13	0:04	7:14	4:30	264
83	82	76	8 (Male 50-54)	301	Spencer Holland	M	Stafford Harriers	ST179AJ	0:36:19	0:36:12	0:06	7:14	4:29	778
84	85	77	32 (Male 19-39)	231	Jason Littlewood	M	Stafford Harriers	Stafford	0:36:25	0:36:18	0:06	7:15	4:30	
85	83	78	15 (Male 45-49)	160	Richard Poole	M			0:36:27	0:36:13	0:13	7:14	4:30	
86	87	79	33 (Male 19-39)	434	Sam Knight	M		Rugeley	0:36:27	0:36:21	0:06	7:16	4:31	
87	86	80	34 (Male 19-39)	383	Joe Lee	M		Stafford	0:36:31	0:36:20	0:10	7:16	4:30	
88	89	81	7 (Male 55-59)	200	Russell Williams	M	cheadle rc	Stone	0:36:33	0:36:27	0:05	7:17	4:31	201
89	90	8	1 (Female 50-54)	282	Sara Hewison	F	Bournville Harriers	Birmingham	0:36:34	0:36:28	0:05	7:17	4:31	
90	88	9	5 (Female 19-34)	404	Sarah Di Cesare	F	Stafford Harriers	Stafford	0:36:36	0:36:26	0:10	7:17	4:31	
91	91	82	9 (Male 50-54)	400	John Abbotts	M	Chase Harriers	Cannock	0:36:41	0:36:33	0:07	7:18	4:32	
92	92	10	2 (Female 40-44)	460	Fiona Bradley	F	Stone Master Marathoners		0:36:49	0:36:45	0:03	7:21	4:34	
93	93	83	35 (Male 19-39)	377	James Bream	M	Stafford Harriers	STAFFORD	0:36:53	0:36:46	0:07	7:21	4:34	
94	94	84	10 (Male 50-54)	284	Nathan Walton	M	Newcastle (Staffs) AC	Woore	0:36:57	0:36:53	0:04	7:22	4:35	412
95	95	11	3 (Female 40-44)	368	Joanne Palmer	F	Lichfield Running club	Tamworth	0:36:58	0:36:53	0:04	7:22	4:35	
96	96	85	11 (Male 50-54)	372	Ian Hopkins	M	Telford AC	Telford	0:37:00	0:36:53	0:07	7:22	4:35	
97	97	86	1 (Male 60-64)	374	John Guest	M	Trentham RC	Trentham Stoke-on-Trent	0:37:04	0:36:57	0:06	7:23	4:35	150
98	100	87	36 (Male 19-39)	143	Harshad Patel	M	Shabbarunners	Sutton Coldfield	0:37:08	0:37:02	0:06	7:24	4:36	
99	98	88	16 (Male 45-49)	93	Jim Preston	M		Stafford	0:37:09	0:36:59	0:10	7:23	4:35	
100	99	12	6 (Female 19-34)	391	Lisa Wakeman	F	Aldridge Running Club	Sutton Coldfield	0:37:13	0:37:01	0:11	7:24	4:36	
101	101	89	37 (Male 19-39)	202	John Alcock	M	Blythe Bridge RC	Newcastle-under-lyme	0:37:16	0:37:10	0:05	7:26	4:37	266
102	102	90	38 (Male 19-39)	176	David Clarke	M		Stafford	0:37:24	0:37:14	0:10	7:26	4:37	
103	104	91	1 (Male 65-69)	134	John Cooke	M	Cannock & Stafford AC	Rugeley	0:37:28	0:37:24	0:03	7:28	4:38	

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104	105	92	12 (Male 50-54)	168	Barry Smith	M	Trentham RC	stoke-on-trent	0:37:30	0:37:25	0:05	7:29	4:38	260
105	106	93	2 (Male 60-64)	247	Alan Burt	M	Chase Harriers	Cannock	0:37:31	0:37:25	0:05	7:29	4:38	75
106	103	13	7 (Female 19-34)	336	Sarah Whitaker	F	Chase Harriers	Rugeley	0:37:34	0:37:17	0:17	7:27	4:38	
107	107	14	4 (Female 40-44)	216	Clare Dundas	F	Michelin Athletic Club	Stoke on Trent	0:37:35	0:37:29	0:05	7:29	4:39	
108	108	94	1 (Male 70+)	204	Andrew Jeyes	M	Ivanhoe Runners	Ashby-de-la-Zouch	0:37:37	0:37:30	0:07	7:30	4:39	
109	110	95	39 (Male 19-39)	378	Ash Goodman	M	Peel Road Runners	Tamworth	0:37:48	0:37:43	0:04	7:32	4:41	
110	113	15	1 (Female 35-39)	444	Egidija Pope	F	Stone Master Marathoners		0:37:51	0:37:47	0:04	7:33	4:41	
111	111	96	40 (Male 19-39)	423	Oliver Wilcox	M	Penkridge Runners	Cannock	0:37:54	0:37:43	0:10	7:32	4:41	
112	112	16	2 (Female 50-54)	327	Gillian Russon	F	Cannock & Stafford AC	Penkridge	0:37:55	0:37:47	0:07	7:33	4:41	151
113	114	97	13 (Male 50-54)	345	Steve Hammond	M	Aldridge Running Club	West Midlands	0:38:01	0:37:49	0:12	7:33	4:41	
114	117	98	14 (Male 50-54)	183	Pete Rees	M	Sinfin RC	Burton Upon Trent	0:38:02	0:37:57	0:05	7:35	4:42	
115	116	99	8 (Male 55-59)	103	Dave Ellis	M	Bournville Harriers	Sutton Coldfield	0:38:03	0:37:55	0:08	7:35	4:42	
116	109	100	17 (Male 45-49)	233	Ian Winwood	M	Chase Harriers	Burntwood	0:38:06	0:37:37	0:28	7:31	4:40	
117	118	101	3 (Male 60-64)	290	Clive Heathcock	M	South Cheshire Harriers	Crewe	0:38:10	0:38:01	0:08	7:36	4:43	45
118	115	102	9 (Male 55-59)	337	Neil Read	M	Chase Harriers	Cannock	0:38:10	0:37:51	0:19	7:34	4:42	
119	120	103	10 (Male 55-59)	311	Neal Evans	M	Rising Brook Runners	Stafford	0:38:13	0:38:08	0:05	7:37	4:44	-
120	121	17	3 (Female 50-54)	435	Ruth Watchorn-Rice	F	Cheadle Running Club	Stoke on Trent	0:38:17	0:38:09	0:08	7:37	4:44	280
121	119	18	2 (Female 45-49)	442	Karen Kiteley	F	Aldridge Running Club		0:38:20	0:38:07	0:13	7:37	4:44	
122	123	19	5 (Female 40-44)	277	Esther Hunt	F	Lichfield Running club	Lichfield	0:38:29	0:38:23	0:06	7:40	4:46	
123	122	104	15 (Male 50-54)	181	Rob Chaddock	M		Chester	0:38:32	0:38:20	0:11	7:40	4:45	
124	125	20	2 (Female 35-39)	107	Alison Sutch	F	Boalloy RC	Congleton	0:38:35	0:38:27	0:08	7:41	4:46	
125	124	105	7 (Male U19)	464	James Clifford	M			0:38:35	0:38:26	0:09	7:41	4:46	
126	127	21	4 (Female 50-54)	191	Sarah Taylor	F	Trentham RC	Stoke on Trent	0:38:38	0:38:30	0:08	7:42	4:47	691
127	126	106	12 (Male 40-44)	144	Mark Dixon	M	Newcastle (Staffs) AC	Stoke on Trent	0:38:39	0:38:28	0:10	7:41	4:46	651
128	128	107	16 (Male 50-54)	127	Mark Jones	M	Chase Harriers	Rugeley	0:38:45	0:38:33	0:12	7:42	4:47	
129	129	108	18 (Male 45-49)	347	Mark Jeffery	M	Baswich Run4Fun	Stafford	0:38:47	0:38:35	0:11	7:43	4:47	
130	131	109	11 (Male 55-59)	459	Billy McAuliffe	M	Stone Master Marathoners		0:38:52	0:38:47	0:04	7:45	4:49	
131	130	22	8 (Female 19-34)	397	Danielle Kenny	F	South Cheshire Harriers	Crewe	0:38:56	0:38:46	0:09	7:45	4:49	
132	133	110	17 (Male 50-54)	145	Mick Birtles	M	Stoke Fit	stoke on trent	0:39:03	0:38:57	0:06	7:47	4:50	835
133	132	23	9 (Female 19-34)	19	Vanessa Welham	F	Stafford Harriers	Stafford	0:39:04	0:38:54	0:09	7:46	4:50	
134	136	24	6 (Female 40-44)	384	Claire Harrison	F	South Cheshire Harriers	Nantwich	0:39:09	0:39:00	0:09	7:48	4:50	
135	135	111	18 (Male 50-54)	474	James Cowdell	M	Cannock Chase Trail Runners		0:39:14	0:38:58	0:15	7:47	4:50	
136	137	25	1 (F65-69)	294	Christine Kilkenny	F	Cannock & Stafford AC	Stafford	0:39:15	0:39:12	0:03	7:50	4:52	163
137	134	112	41 (Male 19-39)	458	Craig Bate	M			0:39:17	0:38:57	0:19	7:47	4:50	
138	138	113	4 (Male 60-64)	454	Graham Rogers	M	Newport & District RC		0:39:22	0:39:13	0:08	7:50	4:52	
139	140	26	3 (Female 35-39)	342	Julia Stokes	F	Stoke Fit	Stoke on Trent	0:39:28	0:39:22	0:05	7:52	4:53	838
140	141	27	3 (Female 45-49)	453	Kerry Widdowson	F	Trentham Running Club		0:39:31	0:39:23	0:07	7:52	4:53	999 or 421?
141	143	114	2 (Male 70+)	314	Kevin Uzzell	M	Stone Master Marathoners	Stone	0:39:32	0:39:27	0:04	7:53	4:54	354
142	139	115	19 (Male 45-49)	244	Alan Cunningham	M	Stafford Tri Club	Stafford	0:39:35	0:39:22	0:12	7:52	4:53	
143	144	116	20 (Male 45-49)	138	Darren Hesbrook-Edwards	M	Newport & District RC	Newport	0:39:36	0:39:28	0:08	7:53	4:54	
144	142	117	8 (Male U19)	60	Alastair Herriott	M	Rising Brook Runners	Stafford	0:39:44	0:39:26	0:17	7:53	4:54	
145	146	28	7 (Female 40-44)	418	Eva Martin	F	Stone master marathoners club	Stone	0:39:44	0:39:37	0:07	7:55	4:55	880L
146	147	29	4 (Female 35-39)	133	Kerry Hall	F		Stafford	0:39:47	0:39:38	0:08	7:55	4:55	
147	148	118	42 (Male 19-39)	461	Joseph Miller	M			0:39:47	0:39:39	0:08	7:55	4:55	
148	150	30	8 (Female 40-44)	366	Michelle Stevens	F	Congleton Harriers	congleton	0:39:52	0:39:46	0:06	7:57	4:56	
149	151	119	2 (Male 65-69)	298	Jonathan Howell	M	Stone Master Marathoners	Brocton Stafford	0:39:53	0:39:48	0:05	7:57	4:56	
150	149	120	12 (Male 55-59)	328	James Kelleher	M	South Cheshire Harriers	Nantwich	0:39:53	0:39:43	0:10	7:56	4:56	
151	152	31	9 (Female 40-44)	463	Emma Speck	F	Lichfield Running club		0:39:55	0:39:50	0:05	7:58	4:57	
152	153	121	43 (Male 19-39)	429	Dan Oxley	M		Stafford	0:40:02	0:39:55	0:06	7:59	4:57	
153	145	122	21 (Male 45-49)	428	Tim Rees	M	Chase Harriers	Cannock	0:40:07	0:39:33	0:33	7:54	4:54	
154	155	123	5 (Male 60-64)	324	Mick Williams	M	NSRRA	Stoke on Trent	0:40:07	0:39:57	0:09	7:59	4:57	693
155	158	124	22 (Male 45-49)	226	Vic Thomson	M	Rising Brook Runners	Stafford	0:40:12	0:40:06	0:05	8:01	4:59	3653283
156	154	125	13 (Male 40-44)	53	Carl Morgan	M		Wolverhampton	0:40:12	0:39:56	0:16	7:59	4:57	

Finisher List 5 miler

Gun pos	Chip pos	Gender pos	Cat pos	Race num	Name (first, last)	Gender	Club	Town	Gun time	Chip time	Start delay	Pace (min/ml)	(min/Km)	NSRRA
157	157	32	10 (Female 19-34)	115	Katie Peacock	F	Stafford Harriers	Penkridge	0:40:13	0:40:03	0:09	8:00	4:58	
158	159	126	44 (Male 19-39)	472	Cameroon Oxley	M			0:40:14	0:40:06	0:08	8:01	4:59	
159	160	127	13 (Male 55-59)	299	Phil Cliff	M	South Cheshire Harriers	Nantwich	0:40:22	0:40:08	0:14	8:01	4:59	170
160	161	128	45 (Male 19-39)	322	Paul Albon	M	Rugby Triathlon Club	Rugby	0:40:28	0:40:12	0:16	8:02	4:59	
161	156	33	4 (Female 45-49)	15	Julie Pattyson	F		Staffordshire	0:40:30	0:39:59	0:30	7:59	4:58	
162	162	34	5 (Female 45-49)	74	Anna Robinson	F	Stone Master Marathoners	Stone	0:40:30	0:40:22	0:07	8:04	5:00	826
163	164	35	11 (Female 19-34)	333	Beth Darke	F	Stafford Harriers	Stafford	0:40:32	0:40:25	0:07	8:05	5:01	
164	163	129	14 (Male 55-59)	219	Michael Perry	M		Stoke-on-Trent	0:40:35	0:40:23	0:11	8:04	5:01	
165	166	130	46 (Male 19-39)	126	Jamie Lymer	M	NSRRA	Stoke on Trent	0:40:37	0:40:30	0:06	8:06	5:01	849
166	169	36	2 (Female 55-59)	177	Chris Skellern	F	Stafford Harriers	Stafford	0:40:42	0:40:35	0:06	8:07	5:02	549
167	168	37	10 (Female 40-44)	136	Emma Hawkey	F	Bournville Harriers	Birmingham	0:40:44	0:40:35	0:08	8:07	5:02	
168	171	131	23 (Male 45-49)	450	Jason Barrett	M	Stone Master Marathoners		0:40:47	0:40:40	0:07	8:08	5:03	
169	165	132	15 (Male 55-59)	392	Robert Stevens	M		Stourbridge	0:40:50	0:40:29	0:20	8:05	5:01	
170	167	133	3 (Male 70+)	150	John Smith	M	Newcastle (Staffs) AC	Newcastle Under Lyme	0:40:52	0:40:33	0:19	8:06	5:02	746
171	172	38	12 (Female 19-34)	172	Anne-Marie Taylor	F	South Cheshire Harriers	Crewe	0:40:54	0:40:42	0:11	8:08	5:03	3559162
172	174	134	24 (Male 45-49)	351	Nick Ford	M	Aldridge Running Club	Sutton Coldfield	0:41:06	0:40:53	0:12	8:10	5:04	
173	173	135	14 (Male 40-44)	267	Mark Crowley	M		CANNOCK	0:41:10	0:40:50	0:19	8:10	5:04	
174	170	39	1 (Female U19)	280	Sophia Harrison	F	Cannock Chase Trail Runners	Stafford	0:41:12	0:40:40	0:31	8:08	5:03	
175	175	136	25 (Male 45-49)	443	Andy Worsey	M	Newcastle under Lyme		0:41:16	0:41:04	0:12	8:12	5:06	
176	176	137	6 (Male 60-64)	441	John Keegan	M	Midland Masters		0:41:24	0:41:13	0:10	8:14	5:07	
177	177	138	4 (Male 70+)	169	Peter Divall	M	NSRRA	Stoke on Trent	0:41:27	0:41:19	0:07	8:15	5:08	202
178	179	139	3 (Male 65-69)	92	Henry Simpson	M	Aldridge Running Club	walsall	0:41:37	0:41:23	0:13	8:16	5:08	
179	180	140	4 (Male 65-69)	339	Nigel Lee	M	Newcastle (Staffs) AC	Newcastle	0:41:39	0:41:24	0:15	8:16	5:08	479
180	183	141	47 (Male 19-39)	427	Neil Bray	M		Stafford	0:41:46	0:41:37	0:08	8:19	5:10	
181	184	40	6 (Female 45-49)	285	Rachel Rathbone	F	Stone Master Marathoners	Newcastle under lyme	0:41:46	0:41:38	0:07	8:19	5:10	603
182	181	142	19 (Male 50-54)	57	Andy Barker	M	Rising Brook Runners	Stafford	0:41:48	0:41:24	0:23	8:16	5:08	
183	187	41	2 (F65-69)	248	Pam Davies	F	Stone Master Marathoners	Stafford	0:41:49	0:41:45	0:04	8:21	5:11	107
184	178	42	7 (Female 45-49)	13	Vivien Peczek	F		Staffordshire	0:41:52	0:41:22	0:30	8:16	5:08	
185	186	143	5 (Male 65-69)	451	Graham Cartwright	M			0:41:54	0:41:43	0:10	8:20	5:11	
186	182	144	7 (Male 60-64)	469	Mak Singh	M			0:42:00	0:41:36	0:24	8:19	5:10	
187	188	145	26 (Male 45-49)	188	Chris Lake	M	Chase Harriers	Cannock	0:42:02	0:41:50	0:12	8:22	5:11	80q
188	185	146	27 (Male 45-49)	3	Paul Birdsall	M	Vegan Runners	Congleton	0:42:04	0:41:40	0:24	8:20	5:10	339
189	190	147	28 (Male 45-49)	161	Richard Booth	M	Stafford Harriers	Stafford	0:42:07	0:41:58	0:08	8:23	5:12	326
190	191	148	8 (Male 60-64)	350	Alan Pritchard	M	Lichfield Running club	Sutton Coldfield	0:42:09	0:41:58	0:11	8:23	5:12	
191	189	43	5 (Female 35-39)	192	Helen Richardson	F	Stafford Harriers	Stafford	0:42:12	0:41:56	0:15	8:23	5:12	
192	194	149	48 (Male 19-39)	414	Jack Hodgkinson	M	Stafford Harriers	STAFFORD	0:42:13	0:42:06	0:06	8:25	5:13	
193	193	150	16 (Male 55-59)	286	Eamon Lyons	M	Aldridge Running Club	Sutton Coldfield	0:42:18	0:42:05	0:13	8:25	5:13	
194	196	44	6 (Female 35-39)	230	Emma Dutton	F	Stone Master Marathoners	Barlaston	0:42:18	0:42:09	0:09	8:25	5:14	704
195	195	151	15 (Male 40-44)	96	Iain Needham	M		Uttoxeter	0:42:19	0:42:07	0:11	8:25	5:14	
196	198	152	29 (Male 45-49)	403	Andrew Buckley	M	Stone Master Marathoners	Stone	0:42:24	0:42:13	0:11	8:26	5:14	
197	199	153	5 (Male 70+)	279	Richard Marland	M	Rugeley Runners	Rugeley	0:42:25	0:42:16	0:09	8:27	5:15	385
198	197	154	20 (Male 50-54)	354	David Ralph	M	Aldridge Running Club	Walsall	0:42:26	0:42:13	0:12	8:26	5:14	
199	192	155	30 (Male 45-49)	465	Philip Lawford	M			0:42:26	0:42:04	0:21	8:24	5:13	
200	204	156	21 (Male 50-54)	89	Gary Jones	M	Michelin Athletic Club	Stoke on Trent	0:42:26	0:42:23	0:03	8:28	5:16	553
201	203	157	22 (Male 50-54)	296	Steve O'Nions	M	Stafford Harriers	Stafford	0:42:31	0:42:22	0:08	8:28	5:15	
202	201	158	6 (Male 70+)	317	Stan Winterton	M	Trentham RC	Leek	0:42:33	0:42:18	0:14	8:27	5:15	595
203	208	45	1 (Female 60-64)	297	Christine Shubotham	F	Michelin Athletic Club	Newcastle	0:42:38	0:42:32	0:06	8:30	5:17	
204	200	159	16 (Male 40-44)	41	Steve Harvey	M	Hatton Darts RC	Burton on Trent	0:42:38	0:42:16	0:22	8:27	5:15	
205	205	46	3 (Female 55-59)	80	Jo Turrell	F	Lichfield Running club	Tamworth	0:42:42	0:42:27	0:15	8:29	5:16	
206	202	160	23 (Male 50-54)	343	Stewart Barnes	M		Walsall	0:42:43	0:42:21	0:21	8:28	5:15	
207	211	47	2 (Female U19)	217	April Tatton	F	Telford AC	TELFORD	0:42:45	0:42:36	0:08	8:31	5:17	
208	206	161	31 (Male 45-49)	395	Jason Vigrass	M	Aldridge Running Club	Walsall	0:42:52	0:42:28	0:23	8:29	5:16	
209	210	162	17 (Male 40-44)	295	Robin Tinsley	M	Essington Harriers Running Club	Wolverhampton	0:42:53	0:42:33	0:20	8:30	5:17	

Finisher List 5 miler

Gun pos	Chip pos	Gender pos	Cat pos	Race num	Name (first, last)	Gender	Club	Town	Gun time	Chip time	Start delay	Pace (min/ml)	(min/Km)	NSRRA
210	212	48	11 (Female 40-44)	113	Claire Crook	F	Aldridge Running Club	Sutton coldfield	0:42:55	0:42:42	0:13	8:32	5:18	
211	213	163	9 (Male 60-64)	175	Dennis Robinson	M	South Cheshire Harriers	Crewe	0:42:59	0:42:48	0:11	8:33	5:19	814
212	207	164	24 (Male 50-54)	151	Paul Bate	M	Chase Harriers	Cannock	0:43:02	0:42:29	0:33	8:29	5:16	
213	209	165	32 (Male 45-49)	196	Lee Hale	M	Cannock Chase Trail Runners	Walsall	0:43:03	0:42:33	0:30	8:30	5:17	
214	219	166	33 (Male 45-49)	78	John Munton-Davies	M	Newcastle (Staffs) AC	Stoke-on-Trent	0:43:20	0:43:14	0:05	8:38	5:22	742
215	215	167	10 (Male 60-64)	36	Graham Lee	M		Stafford	0:43:26	0:43:00	0:26	8:36	5:20	
216	214	168	34 (Male 45-49)	155	Adrian Lowe	M		Burntwood	0:43:31	0:43:00	0:31	8:36	5:20	
217	222	169	25 (Male 50-54)	17	Paul Fowler	M	Lichfield Running club	Lichfield	0:43:31	0:43:20	0:11	8:40	5:23	
218	216	170	26 (Male 50-54)	388	Steven Bunyan	M	Rising Brook Runners	stafford	0:43:41	0:43:03	0:37	8:36	5:21	
219	220	49	12 (Female 40-44)	325	Lynne Sinclair	F	Baswich Run4Fun	Stafford	0:43:43	0:43:15	0:27	8:39	5:22	
220	218	50	13 (Female 40-44)	265	Kate Jarman	F		Burntwood	0:43:43	0:43:13	0:29	8:38	5:22	
221	226	51	13 (Female 19-34)	385	Jennifer Goodwin	F	Uttoxeter Road Runners	Uttoxeter	0:43:44	0:43:24	0:20	8:40	5:23	
222	227	171	35 (Male 45-49)	166	Andrew Brammer	M		Burston	0:43:45	0:43:27	0:18	8:41	5:23	
223	223	52	8 (Female 45-49)	318	Anna Rollo	F	Rising Brook Runners	stafford	0:43:46	0:43:21	0:25	8:40	5:23	
224	230	53	4 (Female 55-59)	306	Johanne Barratt	F		Cannock	0:43:46	0:43:42	0:04	8:44	5:25	
225	217	172	49 (Male 19-39)	476	Cameron Palmer	M			0:43:49	0:43:10	0:38	8:38	5:21	
226	229	54	14 (Female 40-44)	87	Sally Haycock	F	Stafford Harriers	Stafford	0:43:49	0:43:29	0:20	8:41	5:24	
227	228	173	27 (Male 50-54)	86	John Scott	M	Stafford Harriers	Stafford	0:43:50	0:43:28	0:21	8:41	5:24	
228	221	174	28 (Male 50-54)	477	Scott Palmer	M	Stafford Harriers		0:43:55	0:43:16	0:39	8:39	5:22	
229	224	175	50 (Male 19-39)	447	Yunus Bozkurt	M			0:43:58	0:43:21	0:36	8:40	5:23	
230	225	176	51 (Male 19-39)	448	Ozan Bozkurt	M			0:43:58	0:43:21	0:36	8:40	5:23	
231	235	55	5 (Female 50-54)	4	Melonie Deakin	F	Stafford Harriers	Stafford	0:44:03	0:43:54	0:09	8:46	5:27	84
232	236	177	9 (Male U19)	5	Ben Deakin	M	Stafford Harriers	Stafford	0:44:05	0:43:55	0:09	8:47	5:27	
233	232	178	52 (Male 19-39)	300	Jon Freeman	M	Stafford Harriers	Stafford	0:44:06	0:43:48	0:18	8:45	5:26	
234	231	179	36 (Male 45-49)	352	Jon O'Brien	M	Rising Brook Runners	Stafford	0:44:08	0:43:43	0:25	8:44	5:25	
235	239	56	15 (Female 40-44)	116	Catherine Curtis	F		Stafford	0:44:16	0:44:02	0:13	8:48	5:28	
236	233	57	6 (Female 50-54)	195	Colleen Garratt	F	Cannock Chase Trail Runners	Walsall	0:44:19	0:43:49	0:30	8:45	5:26	
237	237	180	53 (Male 19-39)	426	Andrew Robinson	M	Stafford Harriers	Stafford	0:44:20	0:43:58	0:21	8:47	5:27	
238	234	181	37 (Male 45-49)	436	Shaun Miles	M	Chasewater Runners	Cannock Wood	0:44:23	0:43:53	0:30	8:46	5:27	
239	238	182	38 (Male 45-49)	349	Jason Keady	M	Rising Brook Runners	Stafford	0:44:25	0:44:01	0:24	8:48	5:28	
240	241	183	39 (Male 45-49)	386	Steve Williams	M	Lichfield Running club	Lichfield	0:44:26	0:44:14	0:11	8:50	5:29	
241	240	184	40 (Male 45-49)	59	Tim Herriott	M	Rising Brook Runners	Stafford	0:44:33	0:44:08	0:24	8:49	5:29	
242	245	58	16 (Female 40-44)	224	Alison Jackson-Hedges	F	Trentham RC	Stoke-On-Trent	0:44:47	0:44:37	0:09	8:55	5:32	852
243	244	59	2 (Female 60-64)	23	Anna Stanley	F	Cannock Chase Trail Runners	Burntwood	0:44:56	0:44:33	0:22	8:54	5:32	
244	242	185	41 (Male 45-49)	373	Martin Murdoch	M	Newport & District RC	Tibberton	0:44:56	0:44:32	0:23	8:54	5:32	
245	248	60	7 (Female 35-39)	25	Claire Evans	F	Vegan Runners	Heath Hayes	0:45:02	0:44:48	0:14	8:57	5:34	
246	246	61	8 (Female 35-39)	165	Michelle Pheasant	F	Cannock Chase Trail Runners	Cannock	0:45:03	0:44:41	0:22	8:56	5:33	
247	243	186	42 (Male 45-49)	140	James Vidler	M	Telford Harriers	Telford	0:45:07	0:44:33	0:34	8:54	5:32	
248	250	62	14 (Female 19-34)	110	Sarah Walchester	F			0:45:07	0:44:57	0:09	8:59	5:35	
249	249	63	3 (Female U19)	2	Saffron Latham	F	Stafford Harriers	Stafford	0:45:08	0:44:52	0:16	8:58	5:34	
250	252	64	15 (Female 19-34)	10	Lindsay Morris	F	South Cheshire Harriers		0:45:14	0:45:04	0:10	9:00	5:36	
251	247	187	43 (Male 45-49)	275	Ian Holder	M	Cannock Chase Trail Runners	Cannock	0:45:16	0:44:48	0:28	8:57	5:34	
252	251	65	1 (F70+)	205	Sally Jeyes	F	Ivanhoe Runners	Ashby-de-la-Zouch	0:45:17	0:45:00	0:17	9:00	5:35	
253	255	66	16 (Female 19-34)	376	Jenni Alcock	F	Blythe Bridge RC	Stoke-on-Trent	0:45:23	0:45:09	0:13	9:01	5:36	762
254	256	188	11 (Male 60-64)	424	Selwyn Plant	M	NEWPORT AND DISTRICT	Newport	0:45:23	0:45:12	0:10	9:02	5:37	
255	253	67	17 (Female 19-34)	85	Koia-Unicorn Alexandra	F		Stafford	0:45:33	0:45:09	0:23	9:01	5:36	
256	254	189	44 (Male 45-49)	305	Mark Goodwin	M		Stafford	0:45:35	0:45:09	0:26	9:01	5:36	
257	260	68	7 (Female 50-54)	6	Nikki Towle	F	Stone Master Marathoners	Eccleshall	0:45:37	0:45:26	0:10	9:05	5:38	862
258	257	69	8 (Female 50-54)	271	Bokani Hart	F	Cannock Chase Trail Runners	Stafford	0:45:37	0:45:19	0:18	9:03	5:37	
259	258	190	17 (Male 55-59)	90	Ralph Humphries	M	Newport & District RC		0:45:42	0:45:22	0:20	9:04	5:38	
260	263	70	17 (Female 40-44)	409	Laura Palmer	F	Chase Harriers	Cannock	0:45:44	0:45:40	0:04	9:08	5:40	
261	262	71	9 (Female 45-49)	152	Denise Softley	F	Lichfield Running club	Lichfield	0:45:52	0:45:36	0:15	9:07	5:40	
262	261	72	3 (Female 60-64)	121	Anne Kelsall	F	Aldridge Running Club	Walsall	0:45:52	0:45:33	0:19	9:06	5:39	

Finisher List 5 miler

Gun pos	Chip pos	Gender pos	Cat pos	Race num	Name (first, last)	Gender	Club	Town	Gun time	Chip time	Start delay	Pace (min/ml)	(min/Km)	NSRRA
263	259	73	9 (Female 50-54)	270	Valerie Law	F	Cannock Chase Trail Runners	Walsall	0:45:54	0:45:23	0:30	9:04	5:38	
264	264	74	18 (Female 19-34)	321	Sophie Albon	F	Rugby Triathlon Club	Rugby	0:46:05	0:45:48	0:16	9:09	5:41	
265	270	191	18 (Male 40-44)	76	Lee Groucutt	M	Wolves and Bilston	codsall	0:46:06	0:46:03	0:03	9:12	5:43	
266	266	75	10 (Female 45-49)	125	Donna Howells	F	Wrekin Road Runners	Telford	0:46:07	0:45:51	0:15	9:10	5:41	
267	265	192	54 (Male 19-39)	338	Richard Saunders	M		Hixon	0:46:15	0:45:49	0:26	9:09	5:41	
268	271	193	18 (Male 55-59)	38	David Jenkins	M	Kings Heath Running Club	Birmingham	0:46:15	0:46:08	0:07	9:13	5:43	2905875
269	267	194	12 (Male 60-64)	48	Steve Cannon	M	Newport & District RC	Stafford	0:46:15	0:45:54	0:21	9:10	5:42	
270	274	195	19 (Male 55-59)	120	Paul Garbett	M	Park run	Hednesford	0:46:25	0:46:12	0:13	9:14	5:44	
271	276	76	18 (Female 40-44)	431	Abigail Wright	F	Aldridge Running Club	Walsall	0:46:26	0:46:12	0:13	9:14	5:44	
272	273	196	13 (Male 60-64)	174	David Baker	M	Staffs Moorlands AC	Stoke-on-Trent	0:46:27	0:46:11	0:15	9:14	5:44	239
273	269	77	11 (Female 45-49)	156	Wendy Edge	F	Chasewater Runners	Norton canes cannock	0:46:30	0:46:00	0:29	9:12	5:42	
274	268	78	10 (Female 50-54)	253	Jenny De'Ath	F	Fetch Everyone Running Club	Burntwood	0:46:30	0:45:58	0:32	9:11	5:42	
275	278	79	9 (Female 35-39)	111	Frances Rushton	F	Blythe Bridge RC	STOKE-ON-TRENT	0:46:39	0:46:28	0:10	9:17	5:46	
276	275	197	14 (Male 60-64)	361	Bernie Holbrook	M	Newport & District RC	Near Newport	0:46:41	0:46:12	0:29	9:14	5:44	2728893
277	272	198	45 (Male 45-49)	413	Steve Terry	M		Birmingham	0:46:45	0:46:08	0:36	9:13	5:43	
278	279	80	19 (Female 19-34)	422	Ellis Otway	F	No	Crewe	0:46:46	0:46:29	0:16	9:17	5:46	No
279	282	81	20 (Female 19-34)	132	Siobhan Hughes	F		Stafford	0:46:49	0:46:40	0:09	9:20	5:47	
280	277	199	6 (Male 65-69)	88	John Holmes	M	NSRRA	Stoke on Trent	0:46:57	0:46:26	0:30	9:17	5:46	495
281	280	200	29 (Male 50-54)	194	Martyn Garratt	M	Cannock Chase Trail Runners	Walsall	0:47:04	0:46:33	0:30	9:18	5:47	
282	281	201	46 (Male 45-49)	228	Martin Foxall	M		Lichfield	0:47:08	0:46:39	0:28	9:19	5:47	
283	284	202	30 (Male 50-54)	261	Andrew Cotton	M	Lonely Goat RC	Nantwich	0:47:20	0:47:04	0:15	9:24	5:50	
284	283	82	21 (Female 19-34)	256	Sally Ball	F	Stafford Tri Club	Stafford	0:47:20	0:47:03	0:17	9:24	5:50	
285	286	83	5 (Female 55-59)	220	Carol Astbury	F	Uttoxeter Road Runners	Stoke on trent	0:47:23	0:47:09	0:13	9:25	5:51	
286	285	84	6 (Female 55-59)	34	Julie Tatton	F	Wrekin Road Runners	Telford	0:47:24	0:47:08	0:15	9:25	5:51	
287	293	85	7 (Female 55-59)	480	Elise James	F	staffordshire police		0:47:34	0:47:34	0:00	9:30	5:54	
288	288	203	55 (Male 19-39)	412	Ian Joesbury	M	Lonely Goat RC	Tamworth	0:47:38	0:47:20	0:18	9:28	5:52	
289	287	86	22 (Female 19-34)	162	Annie Chiles	F	Chase Harriers	CANNOCK	0:47:52	0:47:16	0:35	9:27	5:52	
290	290	204	56 (Male 19-39)	135	Oliver Stokes	M	Newport & District RC	Newport	0:47:53	0:47:30	0:23	9:30	5:54	
291	291	87	8 (Female 55-59)	258	Lynn Geoghegan	F	Rising Brook Runners	STAFFORD	0:47:56	0:47:31	0:24	9:30	5:54	
292	295	205	15 (Male 60-64)	471	Peter McCluskey	M	Harriers		0:47:57	0:47:40	0:16	9:32	5:55	
293	289	88	12 (Female 45-49)	179	Lindsey Benton	F	Chasewater Runners	Walsall	0:47:58	0:47:24	0:33	9:28	5:53	
294	296	89	9 (Female 55-59)	40	Linda Fernyhough	F	NSRRA	Leek	0:48:01	0:47:42	0:19	9:32	5:55	718W
295	294	90	10 (Female 35-39)	8	Claire Walker	F		Stafford	0:48:03	0:47:35	0:27	9:31	5:54	
296	292	91	19 (Female 40-44)	467	Sue Croxford	F	Chasewater Runners		0:48:04	0:47:33	0:30	9:30	5:54	
297	297	206	20 (Male 55-59)	104	Chris Bedford	M	Rising Brook Runners	Stafford	0:48:09	0:47:43	0:25	9:32	5:55	
298	298	92	11 (Female 35-39)	344	Michelle Harrop	F	Potters Trotters	stoke on trent	0:48:16	0:47:59	0:16	9:35	5:57	360
299	301	93	11 (Female 50-54)	137	Georgina Westwood	F	Telford Harriers	Telford	0:48:30	0:48:12	0:17	9:38	5:59	
300	300	94	12 (Female 35-39)	146	Amanda Knight	F		Staffordshire	0:48:30	0:48:08	0:22	9:37	5:58	
301	302	207	7 (Male 70+)	440	Graham Williams	M	Stafford Harriers		0:48:36	0:48:15	0:21	9:39	5:59	65
302	299	208	57 (Male 19-39)	438	Rob Taylor	M	Chase Harriers		0:48:45	0:48:05	0:40	9:37	5:58	
303	304	209	47 (Male 45-49)	29	Paul Turner	M	Rising Brook Runners	Rugeley	0:48:49	0:48:25	0:24	9:41	6:01	
304	303	210	58 (Male 19-39)	55	Nigel Harmer	M	Rising Brook Runners	STAFFORD	0:48:49	0:48:24	0:25	9:40	6:00	
305	305	95	20 (Female 40-44)	97	Elizabeth Needham	F		Uttoxeter	0:48:50	0:48:39	0:11	9:43	6:02	
306	309	211	31 (Male 50-54)	259	David Smith	M		Crewe	0:49:01	0:48:46	0:14	9:45	6:03	
307	308	96	12 (Female 50-54)	42	Suzanne Potts	F	Newport & District RC	Stafford	0:49:06	0:48:44	0:22	9:44	6:03	
308	306	212	59 (Male 19-39)	197	Jon Hillman	M	NSRRA	Stafford	0:49:09	0:48:42	0:26	9:44	6:03	276
309	307	213	60 (Male 19-39)	67	Paul Mcadams	M		Stafford	0:49:15	0:48:44	0:31	9:44	6:03	
310	312	97	13 (Female 45-49)	225	Sarah Jackson-Hedges	F	Trentham RC	Stoke-On-Trent	0:49:19	0:49:09	0:09	9:49	6:06	713
311	311	98	14 (Female 45-49)	124	Sally Withington	F	Wrekin Road Runners	Telford	0:49:24	0:49:07	0:16	9:49	6:06	
312	314	214	7 (Male 65-69)	479	Keith Ashwood	M			0:49:30	0:49:15	0:15	9:51	6:07	
313	313	99	3 (F65-69)	381	Anne Strowger	F	Newport & District RC	Newport	0:49:37	0:49:15	0:21	9:51	6:07	None
314	316	215	61 (Male 19-39)	66	Micah Rose	M		Kidderminster	0:49:39	0:49:24	0:15	9:52	6:08	
315	310	100	10 (Female 55-59)	223	Ann Schwarzenbach	F	Lichfield Running club	Lichfield	0:49:40	0:49:04	0:35	9:48	6:05	

Finisher List 5 miler

Gun pos	Chip pos	Gender pos	Cat pos	Race num	Name (first, last)	Gender	Club	Town	Gun time	Chip time	Start delay	Pace (min/ml)	(min/Km)	NSRRA
316	318	101	15 (Female 45-49)	316	Melanie Gorman	F	Stafford Harriers	Stafford	0:49:48	0:49:27	0:21	9:53	6:08	
317	319	102	13 (Female 35-39)	106	Kate Beard	F	Boalloy RC	Biddulph	0:49:50	0:49:29	0:20	9:53	6:08	
318	317	103	13 (Female 50-54)	402	Sara Buckley	F	Stone Master Marathoners	Stone	0:49:51	0:49:25	0:26	9:53	6:08	
319	315	104	11 (Female 55-59)	364	Marian Lowther	F	Lichfield Running club	Lichfield	0:49:56	0:49:22	0:34	9:52	6:08	
320	322	216	16 (Male 60-64)	16	David Hebb	M	NSRRA	STONE	0:50:05	0:49:46	0:18	9:57	6:11	769
321	320	105	14 (Female 50-54)	360	Michelle Davies	F	Chasewater Runners	Cannock	0:50:11	0:49:39	0:31	9:55	6:10	
322	321	106	15 (Female 50-54)	123	Tracy Lydiard	F		Cannock	0:50:12	0:49:41	0:30	9:56	6:10	
323	324	107	21 (Female 40-44)	130	Sharon Fern	F	Aldridge Running Club	PENKRIDGE	0:50:16	0:49:52	0:23	9:58	6:11	
324	326	108	2 (F70+)	291	Sally Aldridge	F	Newcastle (Staffs) AC	newcastle under lyme	0:50:22	0:50:07	0:14	10:01	6:13	92
325	323	109	23 (Female 19-34)	1	Louise Jones	F	Stafford Harriers	stafford	0:50:22	0:49:49	0:32	9:57	6:11	
326	327	110	12 (Female 55-59)	396	Helen Phillips	F	Aldridge Running Club	Walsall	0:50:31	0:50:09	0:22	10:01	6:13	
327	329	111	16 (Female 50-54)	187	Donna Harris	F	Chase Harriers	Cannock	0:50:36	0:50:16	0:20	10:03	6:14	800
328	325	217	48 (Male 45-49)	320	Philip Hulse	M		Stafford	0:50:37	0:50:02	0:34	10:00	6:13	
329	331	112	14 (Female 35-39)	43	Melanie Bath	F	Stone Master Marathoners	Stoke-on-Trent	0:50:43	0:50:30	0:12	10:06	6:16	
330	328	113	15 (Female 35-39)	407	Ella Jupp	F	Cannock Chase Trail Runners	Cannock	0:50:43	0:50:13	0:30	10:02	6:14	
331	332	114	24 (Female 19-34)	307	Sophie Machin	F	NSRRA	Stoke on Trent	0:50:55	0:50:41	0:13	10:08	6:17	861
332	330	115	22 (Female 40-44)	341	Prue Shelley	F		Gloucester	0:50:56	0:50:25	0:31	10:05	6:15	
333	333	116	17 (Female 50-54)	302	Barbara Johnson	F	Aldridge Running Club	Walsall	0:51:09	0:50:46	0:23	10:09	6:18	
334	339	117	4 (Female 60-64)	421	Olive Otway	F	Potters Trotters	Crewe	0:51:23	0:51:06	0:16	10:13	6:21	843
335	334	118	16 (Female 35-39)	242	Gemma Heath	F		Stafford	0:51:28	0:51:00	0:27	10:12	6:20	
336	338	119	16 (Female 45-49)	164	Catherine Bennett	F	Baswich Run4Fun	Stafford	0:51:33	0:51:05	0:27	10:13	6:20	
337	337	120	23 (Female 40-44)	186	Melissa Farmer	F	Lichfield Running club	Lichfield	0:51:36	0:51:01	0:34	10:12	6:20	
338	336	121	24 (Female 40-44)	185	Helen King	F	Lichfield Running club	Lichfield	0:51:36	0:51:01	0:35	10:12	6:20	
339	335	122	18 (Female 50-54)	184	Mandy Georgiou	F	Lichfield Running club	Lichfield	0:51:36	0:51:01	0:35	10:12	6:20	
340	340	218	49 (Male 45-49)	159	Jonathon Poole	M		Rugeley	0:51:36	0:51:18	0:17	10:15	6:22	
341	341	219	8 (Male 70+)	266	Mick Horsenail	M		Stafford	0:52:00	0:51:20	0:40	10:16	6:22	
342	342	123	19 (Female 50-54)	64	Deborah Osborne	F	Rising Brook Runners	Stafford	0:52:11	0:51:33	0:37	10:18	6:24	
343	344	124	25 (Female 40-44)	229	Eleanor Morris	F		Lichfield	0:52:16	0:51:48	0:28	10:21	6:26	
344	343	125	17 (Female 45-49)	199	Kim Brown	F	Chase Harriers	Cannock	0:52:16	0:51:41	0:35	10:20	6:25	
345	348	220	62 (Male 19-39)	68	Inderjeet Singh	M		Wolverhampton	0:52:19	0:52:03	0:16	10:24	6:28	
346	346	126	18 (Female 45-49)	268	Kate Mccaffrey	F	Cannock Chase Trail Runners	Cannock	0:52:21	0:51:49	0:31	10:21	6:26	
347	345	221	50 (Male 45-49)	452	Dilup Pail	M	Birchfield Harriers		0:52:21	0:51:48	0:32	10:21	6:26	
348	350	127	17 (Female 35-39)	416	Tammy Holmes	F		Alsager	0:52:25	0:52:08	0:17	10:25	6:28	
349	349	128	26 (Female 40-44)	389	Roxy Babla	F	Aldridge Running Club	Walsall	0:52:31	0:52:08	0:22	10:25	6:28	
350	347	129	25 (Female 19-34)	203	Cara Hawkins	F	Vegan Runners	Stafford	0:52:37	0:51:59	0:38	10:23	6:27	
351	353	222	51 (Male 45-49)	237	Richard Cook	M		Lichfield	0:52:37	0:52:16	0:21	10:27	6:29	
352	351	223	32 (Male 50-54)	20	Mark Turner	M	Lonely Goat RC	wolverhampton	0:52:40	0:52:11	0:29	10:26	6:29	
353	358	224	8 (Male 65-69)	264	Ron Skelley	M		Much Wenlock	0:52:46	0:52:27	0:18	10:29	6:31	
354	357	130	13 (Female 55-59)	240	Janet Broomhall	F		Whitchurch	0:52:46	0:52:27	0:19	10:29	6:31	
355	355	131	14 (Female 55-59)	26	Shirley Smith	F	Stafford Harriers	Stafford	0:52:51	0:52:18	0:32	10:27	6:29	
356	352	132	19 (Female 45-49)	358	Jane Gardner	F		Stafford	0:52:52	0:52:15	0:36	10:27	6:29	
357	354	133	20 (Female 50-54)	357	Carolyn Miles	F		Stafford	0:52:53	0:52:16	0:36	10:27	6:29	
358	356	134	20 (Female 45-49)	393	Nicola Dewar	F	Baswich Run4Fun	Stafford	0:52:53	0:52:25	0:28	10:29	6:30	
359	360	225	9 (Male 65-69)	98	Alan Daffern	M		Walsall	0:53:01	0:52:36	0:25	10:31	6:32	
360	361	135	18 (Female 35-39)	72	Emma Downie	F		Wolverhampton	0:53:07	0:52:37	0:29	10:31	6:32	
361	359	136	26 (Female 19-34)	82	Elizabeth Stork	F	Stafford Harriers	Stafford	0:53:08	0:52:35	0:33	10:31	6:32	
362	363	226	17 (Male 60-64)	14	David Peczek	M		Staffordshire	0:53:13	0:52:42	0:31	10:32	6:32	
363	364	227	10 (Male 65-69)	171	Robert Hoare	M	Stafford Harriers	Stafford	0:53:13	0:52:43	0:29	10:32	6:33	
364	362	137	21 (Female 50-54)	128	Pamela Davies	F	Chase Harriers	Rugeley	0:53:13	0:52:37	0:36	10:31	6:32	
365	367	138	27 (Female 40-44)	12	Judith Gibson	F	Blythe Bridge RC	Stoke on Trent	0:53:22	0:52:59	0:23	10:35	6:35	631
366	365	228	19 (Male 40-44)	154	Tim Slater	M	NSRRA	Burntwood	0:53:28	0:52:48	0:39	10:33	6:33	752
367	366	139	27 (Female 19-34)	141	Natalie Vidler	F	Telford Harriers	Telford	0:53:33	0:52:58	0:34	10:35	6:34	
368	368	140	22 (Female 50-54)	56	Amanda Edwards	F	Rising Brook Runners	Stafford	0:53:51	0:53:14	0:37	10:38	6:36	

Finisher List 5 miler

Gun pos	Chip pos	Gender pos	Cat pos	Race num	Name (first, last)	Gender	Club	Town	Gun time	Chip time	Start delay	Pace (min/ml)	(min/Km)	NSRRA
369	369	141	21 (Female 45-49)	363	Julia Mcrae-Adams	F		Cannock	0:53:59	0:53:28	0:31	10:41	6:38	
370	370	229	9 (Male 70+)	77	Alan Jeavans	M		STAFFORD	0:54:02	0:53:50	0:11	10:46	6:41	
371	372	230	21 (Male 55-59)	209	Ian Fothergill	M	Biddulph RC	stoke on trent	0:54:19	0:53:57	0:22	10:47	6:42	696
372	375	231	10 (Male U19)	81	Luke Harmer	M	Rising Brook Runners	Stafford	0:54:23	0:53:59	0:24	10:47	6:42	
373	371	142	22 (Female 45-49)	182	Jo Yendole	F	Stone Master Marathoners	Stone	0:54:24	0:53:57	0:27	10:47	6:42	
374	377	143	23 (Female 45-49)	437	Donna Hesbrook-Edwards	F	Newport & District RC		0:54:33	0:54:01	0:32	10:48	6:42	
375	374	144	28 (Female 40-44)	375	Toni Collier	F	Chase Harriers	Staffs	0:54:34	0:53:58	0:35	10:47	6:42	
376	373	145	24 (Female 45-49)	131	Donna Jillings	F	Chase Harriers	Hednesford	0:54:34	0:53:58	0:36	10:47	6:42	
377	378	146	28 (Female 19-34)	31	Emma Carr	F	Mow Cop Runners	Stoke-on-Trent	0:54:40	0:54:27	0:13	10:53	6:46	612
378	376	232	10 (Male 70+)	153	Alfred Slater	M	NSRRA	Burntwood	0:54:40	0:54:00	0:39	10:48	6:42	480
379	380	147	25 (Female 45-49)	312	Victoria Harvey	F		Ashbourne	0:55:03	0:54:43	0:19	10:56	6:47	
380	379	148	15 (Female 55-59)	99	Julie Nokes	F	Stafford Harriers	Stafford	0:55:09	0:54:30	0:38	10:54	6:46	47
381	382	149	29 (Female 40-44)	466	Zoe Hankey	F	Trentham Running Club		0:55:32	0:55:15	0:16	11:03	6:51	
382	383	150	26 (Female 45-49)	167	Nicola Brammer	F		Burston	0:55:45	0:55:27	0:18	11:05	6:53	
383	381	151	29 (Female 19-34)	112	Lisa Hill	F	Rising Brook Runners	Stafford	0:55:52	0:55:13	0:38	11:02	6:51	
384	384	152	30 (Female 19-34)	122	Samantha Frankham	F		Cannock	0:56:07	0:55:37	0:30	11:07	6:54	
385	390	233	63 (Male 19-39)	213	Matthew Clarke	M	Lonely Goat RC	Telford	0:56:15	0:55:59	0:15	11:11	6:57	
386	389	234	64 (Male 19-39)	212	James Clarke	M	Lonely Goat RC	Telford	0:56:15	0:55:58	0:16	11:11	6:57	
387	388	153	30 (Female 40-44)	257	Jenny Powell	F	Baswich Run4Fun	Stafford	0:56:25	0:55:57	0:27	11:11	6:57	
388	387	154	31 (Female 19-34)	332	Heather Houghton	F	Baswich Run4Fun	Stafford	0:56:25	0:55:56	0:28	11:11	6:57	
389	386	155	19 (Female 35-39)	272	Lyndsey Shepherd	F	Baswich Run4Fun	Stafford	0:56:25	0:55:56	0:28	11:11	6:57	
390	385	156	20 (Female 35-39)	449	Jessica Morris	F	Rising Brook Runners		0:56:31	0:55:52	0:39	11:10	6:56	
391	391	157	31 (Female 40-44)	238	Jane Jones	F	Chasewater Runners	Hednesford	0:56:34	0:56:02	0:31	11:12	6:57	
392	392	158	23 (Female 50-54)	274	Annette Walchester	F	Michelin Athletic Club	Stoke on Trent	0:56:37	0:56:22	0:14	11:16	7:00	
393	395	159	27 (Female 45-49)	406	Jaki Chambers	F	Potters Trotters	Stoke on trent	0:56:43	0:56:25	0:17	11:17	7:00	
394	397	235	20 (Male 40-44)	288	Simon Maxfield	M		Rugeley	0:56:56	0:56:30	0:25	11:18	7:01	
395	396	160	21 (Female 35-39)	287	Gemma Maxfield	F		Rugeley	0:56:56	0:56:30	0:25	11:18	7:01	
396	393	161	24 (Female 50-54)	178	Trudi Cooper	F	Chasewater Runners	Burntwood	0:56:59	0:56:25	0:34	11:17	7:00	
397	394	162	32 (Female 19-34)	180	Charlotte Benton	F	Chasewater Runners	Walsall	0:56:59	0:56:25	0:34	11:17	7:00	
398	398	163	32 (Female 40-44)	405	Saritha Somarajan	F		Derby	0:57:10	0:56:31	0:39	11:18	7:01	
399	400	164	25 (Female 50-54)	246	Tracey Jackson	F	Baswich Run4Fun	Stafford	0:57:13	0:56:45	0:27	11:21	7:03	
400	399	165	22 (Female 35-39)	319	Dania Smith	F	Rising Brook Runners	stafford	0:57:24	0:56:42	0:42	11:20	7:02	
401	401	166	33 (Female 40-44)	49	Louise Berry	F	Aldridge Running Club	Walsall	0:57:30	0:57:06	0:24	11:25	7:05	
402	402	236	18 (Male 60-64)	303	Colin Pheasant	M	Chase Harriers	Hednesford	0:57:37	0:57:25	0:12	11:29	7:08	382
403	403	167	16 (Female 55-59)	273	Hazel Barlow	F	Michelin Athletic Club	Stoke on Trent	0:57:49	0:57:33	0:15	11:30	7:09	397
404	405	168	34 (Female 40-44)	54	Sarah Morgan	F		Wolverhampton	0:58:05	0:57:48	0:16	11:33	7:10	
405	404	169	3 (F70+)	50	Josephine Jones	F	Rising Brook Runners	Stafford	0:58:13	0:57:35	0:37	11:31	7:09	
406	406	170	35 (Female 40-44)	47	Sarah Bishop	F	Aldridge Running Club	Walsall	0:58:21	0:57:56	0:24	11:35	7:11	
407	408	237	65 (Male 19-39)	109	Stephen Webb	M		Stoke On Trent	0:58:55	0:58:13	0:42	11:38	7:14	
408	407	171	33 (Female 19-34)	108	Alisha Bird	F		Stoke On Trent	0:58:56	0:58:13	0:42	11:38	7:14	
409	409	172	28 (Female 45-49)	63	Jane Fletcher	F	Rising Brook Runners	Staffordshire	0:59:17	0:58:39	0:37	11:43	7:17	
410	410	173	34 (Female 19-34)	382	Sarah Lee	F	Rising Brook Runners	Stafford	0:59:37	0:58:59	0:37	11:47	7:19	
411	411	174	4 (F65-69)	142	Lesley Pymm	F	Bournville Harriers	Birmingham	1:00:03	0:59:41	0:22	11:56	7:25	
412	412	175	26 (Female 50-54)	189	Roberta Hawkins	F	Rising Brook Runners	Stafford	1:00:36	0:59:58	0:38	11:59	7:27	
413	415	238	11 (Male 70+)	239	Charles Jarman	M	Rugeley Runners	Burton on Trent	1:00:47	1:00:26	0:21	12:05	7:30	
414	413	176	23 (Female 35-39)	7	Alice Hawkins	F	Stafford Harriers	Stafford	1:00:48	1:00:11	0:36	12:02	7:28	
415	414	239	12 (Male 70+)	232	John Hateley	M	Stafford Harriers	Codsall	1:01:03	1:00:20	0:43	12:04	7:29	-
416	416	177	17 (Female 55-59)	348	Linda Woodall	F	Michelin Athletic Club	stoke on trent	1:01:06	1:00:50	0:15	12:10	7:33	
417	417	240	11 (Male 65-69)	119	John Stokes	M	Newport & District RC	Newport	1:01:25	1:00:52	0:32	12:10	7:33	
418	418	178	5 (Female 60-64)	456	Jackie Hawkins	F			1:01:40	1:01:04	0:36	12:12	7:35	
419	419	179	29 (Female 45-49)	58	Bernadette Barker	F	Rising Brook Runners	Stafford	1:02:00	1:01:21	0:38	12:16	7:37	
420	422	241	33 (Male 50-54)	439	Steve Archer	M			1:02:06	1:01:25	0:40	12:17	7:37	
421	420	180	30 (Female 45-49)	335	Sue Brown	F	Chasewater Tri Club	Cannock	1:02:06	1:01:24	0:41	12:16	7:37	

Finisher List 5 miler

Gun pos	Chip pos	Gender pos	Cat pos	Race num	Name (first, last)	Gender	Club	Town	Gun time	Chip time	Start delay	Pace (min/ml)	(min/Km)	NSRRA
422	421	181	31 (Female 45-49)	293	Claire Taylor	F		Cannock	1:02:06	1:01:25	0:41	12:17	7:37	
423	423	182	6 (Female 60-64)	252	Sarah Gray	F	Stafford Harriers	Stafford	1:02:14	1:01:35	0:39	12:19	7:39	
424	424	183	5 (F65-69)	475	Jenny Robinson	F	Telford Harriers		1:02:25	1:02:07	0:17	12:25	7:43	
425	425	184	24 (Female 35-39)	173	Kate Griffin	F	Potters Trotters	Stoke On Trent	1:02:37	1:02:18	0:18	12:27	7:44	
426	427	185	7 (Female 60-64)	254	Lesley Hughes	F		Stafford	1:02:57	1:02:29	0:28	12:29	7:45	
427	426	186	27 (Female 50-54)	251	Wendy Plant	F		Biddulph	1:02:57	1:02:29	0:28	12:29	7:45	
428	428	187	28 (Female 50-54)	95	Lynda Cartwright	F	Stone Master Marathoners	Stone	1:03:24	1:03:12	0:12	12:38	7:51	821
429	429	188	25 (Female 35-39)	100	Adele Mountford	F	Potters Trotters	Eccelshall	1:04:14	1:03:55	0:18	12:47	7:56	609
430	430	189	35 (Female 19-34)	118	Amy Howdle	F		Walsall	1:05:33	1:05:09	0:24	13:01	8:05	
431	431	190	29 (Female 50-54)	30	Donna Sealey	F	Rugeley Runners	Rugeley	1:07:09	1:06:44	0:25	13:20	8:17	
432	432	242	13 (Male 70+)	236	Jim Griffiths	M	Chase Harriers	CANNOCK	1:08:09	1:07:27	0:42	13:29	8:22	
433	433	191	26 (Female 35-39)	222	Gemma Brown	F	Rising Brook Runners	Cannock	1:08:33	1:07:56	0:37	13:35	8:26	
434	434	192	30 (Female 50-54)	401	Kathleen Hewitt	F	Potters Trotters	Stoke-on-Trent	1:09:42	1:09:24	0:17	13:52	8:37	
435	435	193	6 (F65-69)	371	Janet Brindley	F	Potters Trotters	Stoke-on-trent	1:12:53	1:12:35	0:17	14:31	9:01	596
436	436	194	8 (Female 60-64)	35	Fay Lee	F	Rising Brook Runners	Stafford	1:34:21	1:34:05	0:16	18:49	11:41	
437	437	195	32 (Female 45-49)	61	Wendy Herriott	F	Rising Brook Runners	Stafford	1:34:21	1:34:05	0:16	18:49	11:41	

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